

# MIAA CROSS COUNTRY CHAMPIONSHIPS

Hays, KS  
Fort Hays State



October 24, 2015

**Race #2**  
**Men's 8K**

## FINAL RESULTS

### TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Finish Order	Spread	
1	NEBRASKA-KEARN	63	3-6-9-19-26(30)(33)	2:05:52	25:11	3-6-9-19-26-30-33	1:01.7
2	SOUTHWEST BAPT	71	7-8-16-17-23(29)(41)	2:06:05	25:13	7-8-16-17-23-29-42	0:40.0
3	PITTSBURG ST.	77	5-13-14-18-27(35)(40)	2:06:30	25:18	5-13-14-18-27-35-41	0:57.9
4	FORT HAYS ST.	96	2-20-22-24-28(34)(36)	2:06:32	25:19	2-20-22-24-28-34-36	1:42.7
5	NW MISSOURI	120	4-10-31-37-38(39)(43)	2:08:14	25:39	4-10-31-37-38-39-45	1:26.8
6	CENTRAL MISSOU	132	11-12-21-42-46(48)(51)	2:08:52	25:47	11-12-21-44-48-52-57	1:28.0
7	MISSOURI SOUTH	172	1-15-47-50-59(61)	2:10:04	26:01	1-15-49-56-75-80	3:54.3
8	LINDENWOOD	222	25-32-54-55-56(57)	2:12:55	26:35	25-32-62-64-67-70	1:30.2
9	EMPORIA ST.	243	44-45-49-52-53(58)(60)	2:13:54	26:47	46-47-54-58-61-72-76	0:26.0

### INDIVIDUAL RESULTS

Athlete	Year	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. km
1 VINCENT KIPROP	FR	122	MISSOURI SOUTHERN	1	23:40.0	--	4:45.7	2:57.5
2 CORY KEEHN	SR	1	FORT HAYS ST. (1)	2	24:08.9	0:28.9	4:51.5	3:01.1
3 COLE WELLNITZ	SR	164	NEBRASKA-KEARNEY	3	24:45.6	1:05.6	4:58.9	3:05.7
4 NOLAN ZIMMER	SR	146	NW MISSOURI (1)	4	24:46.7	1:06.7	4:59.1	3:05.8
5 AUSTIN BOGINA	SR	184	PITTSBURG ST. (1)	5	24:51.5	1:11.5	5:00.1	3:06.4
6 JAHN LANDRIGAN	JR	160	NEBRASKA-KEARNEY	6	24:52.8	1:12.8	5:00.4	3:06.6
7 CODY SMITH	SR	224	SOUTHWEST BAPTIST	7	24:54.9	1:14.9	5:00.8	3:06.9
8 DREW CARGILL	SR	216	SOUTHWEST BAPTIST	8	24:56.6	1:16.6	5:01.1	3:07.1
9 ALEX OBERMIER	SR	161	NEBRASKA-KEARNEY	9	25:03.2	1:23.2	5:02.5	3:07.9
10 BRAYDEN CLEWS-PROCTOR	FR	137	NW MISSOURI (2)	10	25:07.9	1:27.9	5:03.4	3:08.5
11 MICHAEL GAWLICK	SR	44	CENTRAL MISSOURI (1)	11	25:09.3	1:29.3	5:03.7	3:08.7
12 TY HUGHES	SO	48	CENTRAL MISSOURI (2)	12	25:11.1	1:31.1	5:04.0	3:08.9
13 CONNOR STARK	SR	195	PITTSBURG ST. (2)	13	25:13.4	1:33.4	5:04.5	3:09.2
14 COLBY KROMMINGA	JR	191	PITTSBURG ST. (3)	14	25:15.2	1:35.2	5:04.9	3:09.4
15 NATHAN HENRY	SR	120	MISSOURI SOUTHERN	15	25:18.5	1:38.5	5:05.5	3:09.8
16 LUKE KARAMITROS	SR	219	SOUTHWEST BAPTIST	16	25:18.8	1:38.8	5:05.6	3:09.9
17 JACOB BURCH	JR	215	SOUTHWEST BAPTIST	17	25:19.1	1:39.1	5:05.7	3:09.9
18 REN BEAN	JR	182	PITTSBURG ST. (4)	18	25:20.2	1:40.2	5:05.9	3:10.0
19 JEROD SCHONEMAN	SR	163	NEBRASKA-KEARNEY	19	25:22.3	1:42.3	5:06.3	3:10.3
20 SETH PARRIS	SR	17	FORT HAYS ST. (2)	20	25:23.6	1:43.6	5:06.6	3:10.5
21 IAN FRAZIER	SO	41	CENTRAL MISSOURI (3)	21	25:27.8	1:47.8	5:07.4	3:11.0
22 ISAAC WILLIAMS	SR	21	FORT HAYS ST. (3)	22	25:28.9	1:48.9	5:07.6	3:11.1
23 JEREMY INMAN		218	SOUTHWEST BAPTIST	23	25:34.9	1:54.9	5:08.8	3:11.9
24 JACOB THOMAS	JR	19	FORT HAYS ST. (4)	24	25:38.4	1:58.4	5:09.5	3:12.3
25 COLIN CERNIK	JR	99	LINDENWOOD (1)	25	25:40.2	2:00.2	5:09.9	3:12.5
26 ANDREW FIELDS	SO	156	NEBRASKA-KEARNEY	26	25:47.3	2:07.3	5:11.3	3:13.4
27 ANTHONY YATES	JR	201	PITTSBURG ST. (5)	27	25:49.4	2:09.4	5:11.8	3:13.7
28 ISRAEL BARCO	FR	11	FORT HAYS ST. (5)	28	25:51.6	2:11.6	5:12.2	3:14.0
29 THOMAS CHABRECEK	SO	217	SOUTHWEST BAPTIST	(29)	25:52.2	2:12.2	5:12.3	3:14.0
30 ZACH GASCHO	FR	157	NEBRASKA-KEARNEY	(30)	25:52.7	2:12.7	5:12.4	3:14.1
31 WICK CUNNINGHAM		139	NW MISSOURI (3)	31	25:54.8	2:14.8	5:12.8	3:14.4
32 TRAVIS STAEBELL	JR	106	LINDENWOOD (2)	32	25:58.2	2:18.2	5:13.5	3:14.8

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**Race #2****Men's 8K****FINAL RESULTS****INDIVIDUAL RESULTS (continued)**

Athlete	Year	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. km
33 J.P. RECH	SR	162	NEBRASKA-KEARNEY	(33)	25:59.1	2:19.1	5:13.7	3:14.9
34 TROY WINEINGER	JR	22	FORT HAYS ST. (6)	(34)	26:01.2	2:21.2	5:14.1	3:15.2
35 DOMINICK FONSECA	FR	189	PITTSBURG ST. (6)	(35)	26:04.4	2:24.4	5:14.8	3:15.6
36 MICHAEL KINUTHIA	JR	15	FORT HAYS ST. (7)	(36)	26:09.6	2:29.6	5:15.8	3:16.2
37 TIM GRUNDMAYER	JR	141	NW MISSOURI (4)	37	26:10.5	2:30.5	5:16.0	3:16.3
38 RYAN COX	SR	138	NW MISSOURI (5)	38	26:13.5	2:33.5	5:16.6	3:16.7
39 ZAC MILLER	FR	142	NW MISSOURI (6)	(39)	26:14.1	2:34.1	5:16.7	3:16.8
40 WILL JONES	SO	159	NEBRASKA-KEARNEY	-	26:15.1	2:35.1	5:16.9	3:16.9
41 ANDREW RODGERS	JR	194	PITTSBURG ST. (7)	(40)	26:16.5	2:36.5	5:17.2	3:17.1
42 DEREK SHOWLER	SR	223	SOUTHWEST BAPTIST	(41)	26:16.6	2:36.6	5:17.2	3:17.1
43 LAYTON WERTH	FR	20	FORT HAYS ST.	-	26:17.6	2:37.6	5:17.4	3:17.2
44 JUSTIN HOWARD	SO	47	CENTRAL MISSOURI (4)	42	26:25.6	2:45.6	5:19.0	3:18.2
45 BRANDON PHIPPS	SO	143	NW MISSOURI (7)	(43)	26:31.7	2:51.7	5:20.3	3:19.0
46 DANIEL CLAASSEN	SR	71	EMPORIA ST. (1)	44	26:34.2	2:54.2	5:20.8	3:19.3
47 BRIAN NEWKIRK	SO	77	EMPORIA ST. (2)	45	26:35.6	2:55.6	5:21.0	3:19.5
48 BEN SPORLEDER	FR	51	CENTRAL MISSOURI (5)	46	26:37.3	2:57.3	5:21.4	3:19.7
49 JARED HALTOM	FR	119	MISSOURI SOUTHERN	47	26:40.1	3:00.0	5:22.0	3:20.0
50 FEYSEL RAHMETO	JR	18	FORT HAYS ST.	-	26:42.6	3:02.6	5:22.5	3:20.3
51 CODY WIRTH	SO	166	NEBRASKA-KEARNEY	-	26:43.7	3:03.7	5:22.7	3:20.5
52 KENNY FROEBE	SO	43	CENTRAL MISSOURI (6)	(48)	26:45.9	3:05.9	5:23.1	3:20.7
53 JUSTIN MONTNEY	FR	16	FORT HAYS ST.	-	26:46.1	3:06.1	5:23.2	3:20.8
54 THOMAS LAROCHE	SO	73	EMPORIA ST. (3)	49	26:48.1	3:08.1	5:23.6	3:21.0
55 HUNTER BLOUNT	JR	183	PITTSBURG ST.	-	26:50.0	3:10.0	5:23.9	3:21.3
56 JACOB COFFMAN	JR	118	MISSOURI SOUTHERN	50	26:51.0	3:11.0	5:24.1	3:21.4
57 MICHAEL FRAZIER	JR	42	CENTRAL MISSOURI (7)	(51)	26:51.8	3:11.8	5:24.3	3:21.5
58 AARON TAYLOR	FR	81	EMPORIA ST. (4)	52	26:55.4	3:15.4	5:25.0	3:21.9
59 ISAAC CALVERT	FR	38	CENTRAL MISSOURI	-	26:56.5	3:16.5	5:25.3	3:22.1
60 TREVOR WIEGERT	SO	165	NEBRASKA-KEARNEY	-	26:56.8	3:16.8	5:25.3	3:22.1
61 BRIAN MOSIER	JR	76	EMPORIA ST. (5)	53	27:00.2	3:20.2	5:26.0	3:22.5
62 ERO DOCE	FR	100	LINDENWOOD (3)	54	27:00.9	3:20.9	5:26.1	3:22.6
63 MAX ROBINSON	SR	221	SOUTHWEST BAPTIST	-	27:01.7	3:21.7	5:26.3	3:22.7
64 MICHAEL GOLIAN	SO	101	LINDENWOOD (4)	55	27:05.0	3:25.0	5:27.0	3:23.1
65 RYAN PATE	SO	220	SOUTHWEST BAPTIST	-	27:05.9	3:25.9	5:27.1	3:23.2
66 GABE CLAUS	SO	136	NW MISSOURI	-	27:08.0	3:28.0	5:27.6	3:23.5
67 JEROD BROADBOOKS	FR	98	LINDENWOOD (5)	56	27:10.4	3:30.4	5:28.0	3:23.8
68 AUSTIN LARSEN	FR	49	CENTRAL MISSOURI	-	27:15.7	3:35.7	5:29.1	3:24.5
69 J. P. ESPINOZA	JR	39	CENTRAL MISSOURI	-	27:19.4	3:39.4	5:29.9	3:24.9
70 ZACH MCKINLEY	FR	104	LINDENWOOD (6)	(57)	27:23.4	3:43.4	5:30.7	3:25.4
71 BRIAN WRIGHT	JR	200	PITTSBURG ST.	-	27:23.5	3:43.5	5:30.7	3:25.4
72 GABE SAMS	FR	78	EMPORIA ST. (6)	(58)	27:24.2	3:44.2	5:30.8	3:25.5
73 JOE ANGER	JR	135	NW MISSOURI	-	27:27.6	3:47.6	5:31.5	3:26.0
74 TUCKER SEISE	JR	222	SOUTHWEST BAPTIST	-	27:30.4	3:50.4	5:32.1	3:26.3
75 LUKE JOHNSON	FR	121	MISSOURI SOUTHERN	59	27:34.3	3:54.3	5:32.9	3:26.8
76 JAMES BOWLIN	SR	70	EMPORIA ST. (7)	(60)	27:37.2	3:57.2	5:33.4	3:27.2
77 MICHAEL MEADOWS	FR	75	EMPORIA ST.	-	27:50.6	4:10.6	5:36.1	3:28.8

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## FINAL RESULTS

### INDIVIDUAL RESULTS (continued)

Athlete	Year	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. km
78 CALEB WYBLE	SO	145	NW MISSOURI	-	27:59.5	4:19.5	5:37.9	3:29.9
79 AUSTIN THROCKMORTON	SO	196	PITTSBURG ST.	-	28:22.0	4:42.0	5:42.5	3:32.8
80 ZACHARY CARUTHERS	FR	117	MISSOURI SOUTHERN	(61)	28:23.1	4:43.1	5:42.7	3:32.9
81 COLE BOSLEY	FR	69	EMPORIA ST.	-	28:28.1	4:48.1	5:43.7	3:33.5
82 GRANT KNOLL	FR	72	EMPORIA ST.	-	29:45.1	6:05.1	5:59.2	3:43.1