



Winfield Middle School Invitational  
April 17, 2024  
3:30 pm

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**Athletic Directors and Middle School Track Coaches:**

The Winfield Middle School Invitational is scheduled for April 17, 2024 at 3:30 pm. The meet will be timed by TRXC Timing. **Late Entries will not be accepted after 9:00 am on Wednesday April 17th.**

**ENTRY FEE: \$250 per school**

**Teams Invited:** Clopton, Elsberry, North Point, Silex, Warrenton, Winfield, and Wright City.

**\*Coaches meeting will take place at 3:15 pm by the Finish Line**

**General Meet information:**

1. Entries will be made on MO MileSplit. You will be invited directly to the registration platform. [Online Entry Link](#)
2. Each school will be allowed 4 entries per event and 2 relay per team. Medals will be issued to the top 3 places in all events.
3. The event will take place at Winfield High School, 3920 East Hwy 47 Winfield, MO 63389. The facility is an 8-lane, all-weather track. Please have all athletes wear ¼” pyramid spikes or less.
4. Field events will have 3 attempts that will be supervised and measured.
5. High Jump starting heights will be determined based on entry heights. The bar will be successively elevated 5 cm at a time for high jump. (All warm-ups need to be taken prior to the start of the event.)
6. The long jump and triple jump will be run cafeteria style with a 60 minute cut-off time limit. Participants will have three jumps that can be taken any time during the 60 minutes. After the 60 minute time limit is up, no additional jumps will be given. Encourage your athletes to be at field events when not running.
7. Athletes must report to the bullpen prior to their race. No athlete will be added to a race at the starting line. Any athletes that are not at the bullpen after the third call will be scratched.

8. Press box access - Off limits to athletes and parents.
9. Visiting Coaches may have to help with the running of an event.
10. Live results will be available by [TRXC Timing](#) as well as posted to MOMileSplit after the meet.
11. [Click Here](#) for Heat sheets/Flight sheets

### **Field Events – Start at 3:30**

- Boys Discus (Girls to follow)
- Girls Shot Put (Boys to follow)
- Boys High Jump (Girls to follow)
- Girls Long Jump (Boys to follow) – Cafeteria style (60 minutes) Pit Nearest the Football/Soccer Field
- Boys Triple Jump (Girls to follow) – Cafeteria style (60 minutes) Pit Farthest Football/Soccer Field

### **Order of Events – Start at 4:00**

- 100m hurdles
- 100m dash
- 800m relay
- 1600m run
- 400m relay
- 400m dash
- 800m run
- 200m dash
- 1600m relay

If you have any questions or concerns please feel free to contact.

#### **Meet Director:**

Trent Crenshaw  
Winfield Activities Director  
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314-575-0395

#### **Entry Questions:**

Paul Golian  
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