

## WILLARD MIDDLE SCHOOL TRACK INVITATIONAL

APRIL 13, 2021

Coaches' Meeting: 1:30

Field Events: 2:00

Running Events: 2:30

1. Entry fee will be \$150 for all four teams. (7G, 8G, 7B, & 8B)
2. Teams competing will be Willard, Nixa, Carthage, Republic, Pershing, Reed, Hickory Hills, and Lighthouse Christian.
3. **3 entries** per event.
4. We will be using [MoMileSplit](#) for entries (**entries are due by Monday, April 12th at 9:00 AM (CST)**)
5. No spikes longer than 1/8 of an inch.
6. Field events will be run cafeteria style with a one hour time limit. **Each athlete will have 3 jumps or throws.**
7. Pole vault will start at 1.8 m (5'11") and progress at 15 cm (6") intervals.
8. Medals will be awarded to the first three places, and a plaque will be awarded to the first team in each division.
9. We will Score the top 8 in each event.
10. Please make sure your athletes stay in the stands unless they are warming up. **Please NO spikes on the bleachers.**
11. The meet will be held at Willard High School Football Stadium

**ORDER OF FIELD EVENTS:** (all field events 7<sup>th</sup> grade followed by 8<sup>th</sup> grade) (all field events will be on a rolling schedule)

**Girls' 1st Field Events:** Triple Jump, High Jump, Discus

**Boys' 1st Field Events:** Long Jump, Pole Vault, Shot Put

**ORDER OF EVENTS:** (all events will run Girls 7/8 followed by Boys 7/8)

1. 100M Hurdles
2. 100M
3. 4x200 Relay
4. 1600M
5. 4x100 Relay
6. 400M
7. 800M
8. 200M
9. 4x400 Relay

If you are not planning on attending, or have any questions please contact Nicki Blaeuer at (573)216-9974 or email: [nickiblaeuer@willardschools.net](mailto:nickiblaeuer@willardschools.net)

Thank you,  
Nicki Blaeuer  
MS Girls Track