

Date: Tuesday, March 23rd, 2021 (No rain date)

Location: Tiger Stadium directly next to Willard Middle School (205 Miller Rd., Willard, MO 65781)

<u>Times:</u>

- 3:45 PM Coaches Meeting
- 4:15 PM Field Events Start
- 5:00 PM Track Events Start

Costs:

- \$50 boys, \$50 girls, or \$100 for both.
- Purchase orders and checks should be made out to *Willard High School* and sent to *Amanda McGee* in the *Athletic Office* at 515 E. Jackson, Willard, Missouri 65781.

Entries:

- Teams may enter 3 individuals per event, 1 relay team, and we will have Javelin.
- Entries are due by Saturday, March 20th at 5:00 p.m. (CST) MoMileSplit
- Coaches can manage their entries (scratches only) until Tuesday, March 23rd at 9:00
 a.m. (CST) on MoMileSplit

Entry Questions: Rich Schilling at rich@trxctiming.com or (314) 522-6176

Timing: Hand-timed

- **Bus Parking:** Please have your buses drop your athletes off at the west gate and then park in the west lot. The west lot is directly across the street from the Middle School.
- **Hospitality:** Meal tickets will be provided for coaches, administrators, and bus drivers.

<u>Concessions:</u> Concessions will be sold in the concession stands on the home side of the stadium.

Equipment: 1/4 inch pyramid spikes only, no needles.

Field Events:

- **Finals:** We will not have finals for any field events.
- Attempts: 4 attempts will be given in shot put, discus, javelin, long jump and triple jump.
- **Jumps:** Jumps will be cafeteria style.

Starting Heights and Height Progressions:

High Jump:

Girls: 1.20 m (3'11") starting height and progress in 5 cm (2") increments. Boys: 1.50 m (4'11") starting height and progress in 5 cm (2") increments.

Pole Vault:

Girls: 1.80 m (5'11") starting height and progress in 15 cm (6") increments. Boys: 2.45 m (8') starting height and progress in 15 cm (6") increments.

Officials: TBD

Teams Attending: Willard and TBD

Games Committee: All head coaches

Bullpen: We will bullpen athletes in the north bleachers and then send them to the starting line.

Exchanges (flags will be at the timing stand): 4 x 100 Exchanges (Gold) – 1st TBD, 2nd TBD, 3rd TBD 4 X 200 Exchanges (Red, Red, Gold) – 1st/3rd TBD, 2nd TBD

Results:

• Results will be posted behind the main bleachers as soon as available after each race.

Scoring: As long as at least 7 teams are in attendance we will follow the suggested scoring model of: 10-8-6-5-4-3-2-1.

Awards:

- Medals will be awarded to the top three athletes per event.
- Plaques will be awarded to the boys and girls team champions.
- Awards will be available for pick-up in the press box.

Meet Questions: David Matthews at <u>davidmatthews@willardschools.net</u> or (573) 276-8035 Jennifer Smith at <u>jennifermsmith@willardschools.net</u> or (417) 894-6276



Time Schedule 2021

<u>4:15 PM – Start Field Events (we will be on a rolling schedule for field events)</u>

Order of Field Events:

Girls 1st Field Events: Discus, Triple Jump, High Jump

Boys 1st Field Events: Shot Put, Pole Vault, Long Jump

Throws Schedule:

<u>Discus:</u>	<u>Javelin:</u>	<u>Shot Put:</u>
1st Girls	1st Off	1st Boys
2nd Boys	2nd Girls	2nd Off
3rd Off	3rd Boys	3rd Girls

5:00 PM – Start Track Events (we will be on a rolling schedule for track events)

Order of Track Events:

Girls 4x800m Relay Boys 4x800m Relay

Girls 100m Hurdles **Boys** 110m Hurdles

Girls 100m **Boys** 100m

Girls 4x200m Relay Boys 4x200m Relay

Girls 1600m **Boys** 1600m

Girls 4x100m Relay Boys 4x100m Relay

Girls 400m **Boys** 400m

Girls 300m Hurdles Boys 300m Hurdles

Girls 800m **Boys** 800m

Girls 3200m **Boys** 3200m

Girls 4x400m Relay Boys 4x400m Relay



Meet Records

(established in 2021)

Boys	Event	Girls
Time Name (School), 2021	100m	Time Name (School), 2021
Time Name (School), 2021	200m	Time Name (School), 2021
Time Name (School), 2021	400m	Time Name (School), 2021
Time Name (School), 2021	800m	Time Name (School), 2021
Time Name (School), 2021	1600m	Time Name (School), 2021
Time Name (School), 2021	3200m	Time Name (School), 2021
Time Name (School), 2021	110/100m Hurdles	Time Name (School), 2021
Time Name (School), 2021	300m Hurdles	Time Name (School), 2021
Time School, 2021	4 x 100m Relay	Time School, 2021
Time School, 2021	4 x 200m Relay	Time School, 2021
Time School, 2021	4 x 400m Relay	Time School, 2021
Time School, 2021	4 x 800m Relay	Time School, 2021
Distance Name (School), 2021	Long Jump	Distance Name (School), 2021
Distance Name (School), 2021	Triple Jump	Distance Name (School), 2021
Height Name (School), 2021	High Jump	Height Name (School), 2021
Height Name (School), 2021	Pole Vault	Height Name (School), 2021
Distance Name (School), 2021	Shot Put	Distance Name (School), 2021

Distance Name (School), 2021	Discus	Distance Name (School), 2021
Distance Name (School), 2021	Javelin	Distance Name (School), 2021

Year:	Boys' Team Champion:	Girls' Team Champion:
	School:	School:
2021	School - Points	School - Points