



Waynesville R-VI School District

Athletic Department
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Cory Ace, Director of MSHSAA Activities & Athletics
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Dr. Jason Whitt, Principal

WAYNESVILLE BOYS AND GIRLS VARSITY INVITATIONAL April 22, 2022

Tigers Coach Mike Rawlings mrawlings@waynesville.k12.mo.us

Follow us on Twitter - @WHSTrackTeam

Past Participating Schools: Camdenton, Eldon, Iberia, Lebanon, Licking, Plato, Rolla, Russellville, Steelville, Waynesville, Vienna, West Plains.

Scoring: Will be 10-8-6-5-4-3-2-1

Entry Fee: \$150.00 – boys, \$150.00 – girls. \$300.00 total.

Heat/Flight Sheet: [Click here](#) to see heat and flight sheet

Awards: Medals will be given to the top 3 places in each event. Trophies will be given to each 1st place teams and an individual Male and Female High Point trophy will be awarded along with the Gary Shultz High Jump Award

Meet Entries: Entries are due no later than **Tuesday, April 19th at 5 pm.**
All entries will be made **online** using MO Mile Split. [Online Entry Link](#)
Two entries per individual event and one per relay are allowed.

Scratches/Changes: **Scratches and/or changes must be completed no later than Friday April 22nd, at 9:00am.** [Scratches/changes link](#)

Tickets for spectators will be sold online at <https://www.msbtickets.com/Athletics/schoolevents>.

Concession will be available for purchase.

The Invitational will be Electronically Timed by: TRXCTiming

www.waynesvilletigerathletics.org

Time Schedule

3:00 Coaches Meeting

3:15 Javelin

3:45 Field Events

Discus girls/boys to follow
Shot Put boys/girls to follow
Long Jump boys/girls to follow
Triple Jump girls/boys to follow
High Jump boys/girls to follow
Pole Vault girls/boys to follow

4:00 Running Events

- Girls will precede boys
- No preliminaries; all heats against time
- All runners should report to the bullpen when called
- No spikes in bleachers
- Fast heat will run LAST
- No tape on track or runway
- 3/16 or smaller pyramid spikes only; no needles
- **NO FOOD OR GATORADE ON THE TURF PLEASE**

Starter/Referee: Donnie Thomas and Wade Jennings

Order of Events

4x800 Relay
100/110 Hurdles
100 Dash
4x200 Relay
1600 Run
4x100 Relay
400 Dash
300 Hurdles
800 Run
200 Dash
3200 Run
4x400 Relay

All entries for the Waynesville Invitational will be made using MO Mile Split. Our meet information will be posted with contact information for anyone having difficulties.