

**TRENTON MIDDLE SCHOOL TRACK & FIELD**  
**TMS Relays – April 20, 2021**

**GENERAL INFORMATION**

Coaches Meeting: 3:30 - Field Events – 3:45 – Running Events 4:30

Please complete online entries at [MoMileSplit](https://www.mileplit.com).

Each school is allowed (2) individuals per event and (1) relay team. There will be no preliminaries. All events will be run as finals against time.

**AWARDS**

Medals given to top 4 individuals. No team plaques will be awarded

**SCORING**

Points will be scored 10-8-6-4-2-1

**ADMISSION**

\$4.00 for adults and \$3.00 for students

**TRACK INFO**

The track is an all-weather surface with a structural top spray. There are six lanes with a bullpen, and the straightaway is now on the north side of the complex. Starting blocks will be provided.

**ENTRY FEE**

\$100.00 per school TOTAL, or \$10 per athlete.

**TEAMS:** Hamilton, Laredo, Pleasant View, South Harrison, Trenton, Gallatin, Milan, Putnam Co, Tri-County, Gilman City, Plattsburg, Grundy-R5, Maysville, Carrollton, Princeton, East Harrison, Pattonsburg, Winston

**FIELD EVENT FINALS**

- 3:45 Triple Jump – Girls Followed by Boys  
You will have one hour to complete 3 jumps. There will be only first call
- 3:45 Long Jump – Boys Followed by Girls  
You will have one hour to complete 3 jumps. There will be only first call
- 3:45 Shot Put Girls followed by Boys  
3 throws, no finals. (*Athletes may not throw before meet officials arrive*)
- 3:45 Discus Boys followed by Girls  
3 throws, no finals. (*Athletes may not throw before meet officials arrive*)
- 3:45 High Jump Boys followed by Girls
- 3:45 Pole Vault Girls followed by Boys

**We will not have the Javelin at this meet.**

**ORDER OF RUNNING EVENTS**  
**FINALS**

4:30		Girls followed by Boys
	100 M HIGH HURDLES	“
	100 M DASH	“
	800 M RELAY (4 X 200)	“
	1600 M RUN	“
	400 M RELAY (4 X 100)	“
	400 M DASH	“
	800 M RUN	“
	200 M DASH	“
	1600 M RELAY (4 X 400)	“