

# Timberland JV Wolfpack Invitational

Friday, April 4<sup>th</sup>, 2024 @ 3:30pm Timberland  
High School



## Meet Info

- Meet Director:** [Todd Hayes](#) - 636-327-3988
- Entries:** Entries are due no later than **Wednesday, April 4th at 9:00 am** [Online Entry Form](#) **NO LATE ENTRIES.**
- Entry Limits:** 4 per individual event, 1 relay per school.
- Scratches/Changes:** Can be made until **Thursday, April 5th at 9:00 am** [Scratches/Changes](#)
- Games Committee:** All head coaches of participating teams.
- Participating Teams:** FZE, FZW, Howell, Holt, Kirkwood, Liberty, McCluer, Principia, Seckman, & Timberland
- Work assignments:** Please fill out the event(s) that your coaches are able to work. **Knowledge of how to run the event properly is expected.** First come, first serve.  
[2024 JV Wolfpack Invitational Team Work Assignments](#)
- Meet Program:** [Heat/Flight Sheets](#)
- Key points:**  
**NO CAMPING AND NO FOOD ON THE INFIELD.** The field is only to be used for warm-up purposes. **Athletes AND coaches** will not be allowed to set up any sort of camp, including the use of lawn chairs. Please let your team and coaching staff know prior to arrival. Tent city will be on the tennis courts behind the visiting bleachers.  
  
Our competition hurdles should **remain on the track or on the carts at all times.** We will set up **red** practice hurdles on the field. Please tell your hurdlers to not use the competition hurdles from the track or the carts.
- Awards:** Top 3 for each event will get to pick a shirt (5 different colors). Shirts will not be mailed if the athlete forgets to pick it up at the meet.
- Entry Fee:** The cost this year will be \$400 for both genders and \$200 for one. Please make checks payable to:  
Timberland High School  
Attn: Todd Hayes  
559 E. Highway N  
Wentzville, MO 63385
- Website Questions:** [Rich Schilling](#) - (314) 522-6176
- Meet Questions:** [Timothy Woodson](#) - text 636-515-1858

## *WOLFPACK INVITATIONAL*

3:00pm	Coaches Meeting
3:30 pm	Field Events Begin
4:00pm	<b>4x800 Relay</b>
	<b>100/110 Hurdles</b>
	<b>100m</b>
	<b>4x200</b>
	<b>1600m</b>
	<b>4x100</b>
	<b>400m</b>
	<b>300m Hurdles</b>
	<b>800m</b>
	<b>200m</b>
	<b>3200m</b>
	<b>4x400</b>

Rolling time schedule (Girls to follow boys in all races)

<b>3:00 pm</b>	<b>Warm-ups begin for the 1st group of field events</b>
3:30 pm	Boy's Shot Put, Girls to immediately follow (3 Throws, 2 and 1, no finals)
	Girl's Discus, Boys to immediately follow (3 Throws, 2 and 1, no finals))
	Girl's Pole Vault, Boys to immediately follow
	Boy's Long Jump (90 min cafeteria style, 3 Jumps, no finals)
	Girl's Triple Jump (90 min cafeteria style, 3 Jumps, no finals)
	Boy's High Jump, Girls to immediately follow
	Boy's Javelin (90 min cafeteria style, 3 Throws, no finals)
<b>5:00 pm</b>	<b>Warm-ups begin for the 2nd group of field events</b>
5:30 pm	Girl's Long Jump (90 min cafeteria style, 3 Jumps, no finals)
	Boy's Triple Jump (90 min cafeteria style, 3 Jumps, no finals)
	Girl's Javelin (90 min cafeteria style, 3 Throws, no finals)

**\*Opening heights:** Determined after entries are finalized and verified during the coaches meeting.