

Timberland JV Wolfpack Invitational

Wednesday, March 29th, 2022 @ 3:30pm

Timberland High School



Meet Info

Meet Director: [Todd Hayes](#)- 636-327-3988

Entries: Entries are due no later than **Tuesday, March 28th at 5:00 pm** [Online Entry Form](#)

Entry Limits: 4 per individual event, 1 relay per school

Heat/Flight [Click Here](#) to see heat and flight sheets

Scratches/Changes: Coaches can manage their roster until **Wednesday, March 29th at 9:00 am**
[Scratch/Changes](#)

Email Timothywoodson@wsdr4.org **or text** 636-515-1858 for any question on entries.

Games Committee: Members will be determined and contacted prior to the meet.

Participating Teams: Timberland, Howell, Seckman, FZE, FZS, Holt, Principia, and North Point

Key points: There will be **no camping in the infield** allowed this year. The field is only to be used for warm-up purposes. Spectators, athletes, and coaches will not be allowed to set up any sort of camp, including the use of lawn chairs. This was an issue last year. Please let your team know prior to arrival.

Our competition hurdles should remain on the track or on the carts at all times. We will set up practice hurdles on the field. Please tell your hurdlers to not remove the competition hurdles from the track or the carts.

Website Questions: [Rich Schilling](#) - (314) 522-6176

JV WOLFPACK INVITATIONAL

3:00 pm **Coaches Meeting**
3:30 pm **4x800 Relay**
100/110 Hurdles
100m
4x200
1600m
4x100
400m
300m Hurdles
800m
200m
3200m
4x400

Rolling time schedule (Boys to follow girls in all races)

3:00 pm Warm-ups Begin for 2nd Group of Field Events
3:30 pm Boys Shot Put (3 Throws, 2 and 1, no finals)
Girls Discus (3 Throws, 2 and 1, no finals)
Girls Pole Vault
Boys Long Jump (90 min. Cafeteria Style. 3 jumps, no finals)
Girls Triple Jump (90 min. Cafeteria Style. 3 jumps, no finals)
Boys High Jump
Boys Javelin (90 min. Cafeteria Style, 3 Throws, no finals)

5:00pm Warm-ups begin for 2nd Group of Field Events
5:30pm Girls Shot Put (3 Throws, 2 and 1, no finals)
Boys Discus (3 Throws, 2 and 1, no finals)
Boys Pole Vault
Girls Long Jump (90 min. Cafeteria Style. 3 jumps, no finals)
Boys Triple Jump (90 min. Cafeteria Style. 3 jumps, no finals)
Girls High Jump
Girls Javelin (90 min. Cafeteria Style. 3 throws, no finals)

Opening heights: Determined after entries are finalized and verified during the coaches meeting.