

SUBURBAN CONFERENCE GREEN DIVISION

MAY 8, 2026



MEET MANAGER: Nick Buckvar

LOCATION: Ladue Horton Watkins High School- 1201 South Warson Rd., St. Louis, MO 63124

VENUE INFO: 8 Lane All-Weather track surface - only $\frac{1}{4}$ " pyramid spikes (no needle spikes), including javelin. Spectators **MUST** stay in the stadium bleacher viewing areas and are never allowed on the infield.

ENTRIES: All entries will be done on athletic.net and will be due by **9am on May 8th.**

ENTRY LIMITS: You can enter up to three (3) athletes per division, per event (all can score) - remember to maintain the four event per athlete rule. You may enter two 4x800 relay teams per level (only one will score). Throwing events will be in flights and horizontal jumping cafeteria style will have 4 attempts, no finals. **We will have an unscored, open 1600 (unlimited entry).

*Sprint Events will be power seeded and run against time - NO finals.

*No crossover of Varsity / JV divisions is allowed

SCORING / AWARDS: 10-8-6-5-4-3-2-1 / Medals for the Top 3 places in Varsity and JV & 1 Team Award per level

TIMING: [TRXC Timing](#)

Heat/Flights: [Click Here](#) to see heat and flight sheets

ADMISSION: Please inform your parents there will be a \$5.00 admission fee charged at the entry gates

CONCESSIONS: A concession stand will be available.

RESTROOMS: Located at the south end of the stadium in the concessions building. Locker rooms are not available.

FIRST AID: A certified trainer will be available on site for the duration of the meet



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MEET DAY TEAM INFORMATION:

- **BUSES:** Buses should drop off at the entry to the stadium and then park up in the south lot.
- **TENTS:** Teams may set up camps on the grass south of the scoreboard or outside the track near the parking lot
- **INFIELD:** Only coaches and athletes warming up / checking in the designated area(s) are allowed in the infield. We will be removing any athletes that are just 'camping out'. NO FOOD - only water - on track/turf.
- **CHECK IN:** Athletes will check in the bullpen tent and get numbers. Field event athletes should check in at the event site. Then report to the start line for their race. by the third call (5 minutes prior). Any athletes not present at the start of an event will be scratched.

MEET QUESTIONS:

Meet Questions: Nick Buckvar nbuckvar@ladueschools.net
Entry Questions: Paul Golian – paul@trxctiming.com - 314-522-6176

Schools Attending

Hazelwood East
Ladue
McCluer
McCluer North
Parkway Central
Parkway West
Rockwood Summit
Webster Groves



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FIELD EVENTS

FRI 3:45 pm Girls Pole Vault (Varsity + JV Combined)
Girls High Jump (Varsity + JV Combined)
Girls Long Jump cafeteria (Varsity + JV Combined) - 1 hr
Girls Shot **in flights** (Varsity then JV)
Girls Javelin **in flights** (Varsity then JV)

FRI 5:00 pm Girls Triple Jump (Varsity + JV Combined) - 1 hr
Girls Discus **in flights** (Varsity then JV)

RUNNING EVENTS – JV followed by Varsity (**we will NOT get ahead, but might get behind)

3:45 pm - Girls Open 1600m

4:00 pm - Girls 4x800 relay (JV & Varsity Combined)

4:20 pm - Girls 100m Hurdles

4:30 pm - Girls 100m

4:40 pm - Girls 4x200m Relay

4:50 pm - Girls 1600m

5:10 pm - Girls 4x100m Relay

5:20 pm - Girls 400m

5:35 pm - Girls 300m Intermediate Hurdles

5:55 pm - Girls 800m

6:10 pm - Girls 200m

6:20 pm - Girls 3200m (JV & Varsity Combined)

6:40 pm - Girls 4x400m Relay



