



St. Louis Suburban Athletic Conference Blue Pool Track and Field Championships



Tuesday May 2nd

Meet Directors:

Moyenda Anwisy - manwisy@parkwayschools.net

Jeff Kinney - jmartin8@parkwayschools.net

Meet Entries:

All entries must be done through [MileSplit](#) **NO LATER than May 1st by 9:00 AM**

Coaches Meeting:

Coaches Meeting at 3:30 pm

Timing:

Meet will be timed by [TRXC Timing](#)

Heat/Flight:

[Click Here](#) to see heat and flight sheets



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Time Schedule / Work Assignments

Coaches Meeting at 3:30pm

Field Events:

| | |
|---------------------------|---------------------|
| Javelin | Parkway North |
| Pole Vault | Affton |
| High Jump | Clayton |
| Long Jump on Pit #1 | Hazelwood East |
| Triple Jump on Pit #2 | University City |
| Discus | Jennings & Normandy |
| Following Discus Shot Put | STEAM at MSB |

Running Events: JV followed by Varsity- Running Schedule (Boys 1st followed by Girls)

| | | |
|------|---------------------------|---------------------------|
| 4:00 | 4x800m Relay | (Combined Varsity and JV) |
| | 110m High Hurdles | |
| | 100m | |
| | 4x200m Relay JV | |
| | 1600m | |
| | 4x100m Relay | |
| | 400m | |
| | 300m Intermediate Hurdles | |
| | 800m | |
| | 200m | |
| | 3200m | |
| | 4x400m Relay | |

Relay Judges:

| | | |
|------------------|--------------|--------------------------------|
| 4x100 | Exchange 1 | STEAM at MSB |
| | Exchange 2 | Affton |
| | Exchange 3 | Clayton |
| 4x200 | Exchange 1/3 | Hazelwood East/University City |
| | Exchange 2 | Jennings/Normandy |
| Break Line Judge | | Parkway North |