

St. Dominic Crusader Invitational

Friday, April 5, 2024

Registration

- Please register your entries online at [Online Entry Link](#) for the St. Dominic Invitational
- **2 entries per team for individual events, 1 entry per team for each relay event**
- Entries must be submitted by **Thursday, April 4th, 2024 at 7:00 PM**
- Coaches may edit their entries until **Friday, April 5th, 2024 at 9:00 AM**
- Scratches will be handled at the Scratch Meeting, details below.
- The Entry Fee for the Invitational is \$250 per school. An invoice is attached.

Timing

- There will be a scratch /coaches meeting on the Northeast corner of the track by the Locker Rooms at 3 pm.
- Field Events will begin at 3:30pm
- Running Events will begin at 4pm
- Timing will be done by [TRXC Timing](#)
- Heat and Flight Sheets can be found [Click Here](#)

Scoring

- 10-8-6-5-4-3-2-1
- LJ, TJ, Shot, Disc, Javelin- 4 attempts, no finals
- opening heights determined at scratch meeting

Awards

- Individual Medals will be for the top 6 finishers in each event & Team Awards for the top Boys and Girls Team. All Medals and Team Awards will be available in the Press Box at the conclusion of the Invitational.

Coaches

- Hospitality Room will be available
- We will need help with some field events. If you have a preference on a work assignment, please email Blake Markway at bmarkway@stdominichs.org

Admission

- This Invitational does have an Admission Fee. The cost will be \$5/adult & \$3/student. Fans Under 6 and Over 62 will receive Free Admission.

Team Camps

- Please set up team camps in the oak grove (see map)
- Please do not establish a team area in the stands, near the pavilion, or in the courtyard. The Bleachers, Pavilion, and Courtyard are intended for spectators, and not team tents or camps.

Surfaces

- Surfaces require 1/4 inch spikes or less.

Bus Drop Off & Parking

- Please ask your busses to park and drop off your team on the parking lot by the Gymnasium. Elaine Dr., the street that our stadium is located on. If you park on the Gym parking lot, your team can walk along the outside of the fence to the baseball field directly into the stadium.
- **No busses are allowed to park on the Stadium Parking Lot.**

Schedule

Coaches Meeting 3:00pm

Field Events: 3:30 pm

Boys Pole vault---Girls will follow

Girls High Jump--- Boys will follow

Girls Shot put--- Boys will follow

Boys Discus--- Girls will follow

Girls and Boys Long Jump*--- Girls and Boys Triple Jump *

Girls Javelin* -- start once boys disc is over

Boys Javelin* -- start once girls disc is over

* Cafeteria Style, 90 minute time limit

Running Events:4 pm (Rolling Schedule)

4 x 800 relay

100/110 hurdles

100 dash

4 x 200 relay

1600 run

4 x 100 relay

400 dash

300 Int. hurdles

800 dash

200 dash

3200 run

4 x 400 relay

Contact Information

- If you have any questions, please do not hesitate to contact Kevin Roberts, Director of Athletics at kevinroberts@stdominichs.org or Sarah Summers at ssummers@stdominichs.org.

We're looking forward to having you here for the St. Dominic Crusader Invitational!



