

St. Charles West Warrior Boys Varsity/JV Invitational



- Date:** Tuesday, April 16, 2024
- Time:** Coaches Meeting: 3:00 pm
Field Events: 3:30 pm
Track Events: 4:00 pm
- Entry Limit:** Two athletes per event & one relay team per event in each division
- Entries:** All entries will be made through milesplit.com. Coaches can manage their entries at [Online Entry Link](#)
Entries are due by **Monday, April 15 at 5:00pm.**
Coaches can manage their entries until **9:00am Tuesday, April 16**
- Entry Questions:** Rich Schilling | 314-522-6176 | rich@trxctiming.com
- Meet Program:** [Heat/Flight Sheets](#)
- Meet Questions:** Gary Strauss | 636-357-3594 | gstrauss@stcharlessd.org
- Awards:** A team plaque will be awarded for first & second place in each division. Medals will be awarded for 1st, 2nd, & 3rd places in all events. Team scoring will be 10-8-6-5-4-3-2-1 for all events.
- Facility:** St. Charles West High School has an all-weather track surface. You may use ¼ inch spikes in all events. Markings may be made with chalk or tennis balls only (no tape allowed). Long/triple/high jump and pole vault have the same surface. Shotput and discus circles are concrete. The javelin is on grass.
- Tent Camps:** Teams may set up camps on the outside of the track, away from the jump pits. You may use either end of the field but not near the start/finish line. No team camps on the turf field.
- Work Assignments:** Each school will need to supply one field event worker, exchange zone judge, and a hurdle judge.
- Live Results:** Live results can be found at [TRXC Timing](#)

Order of Events

Coaches Meeting: 3:00

Field Events: 3:30 V High Jump (followed by JV)
V Long Jump (followed by JV)
JV Triple Jump (followed by V)
V Pole Vault (followed by JV)
V Discus (followed by JV)
V Javelin (followed by JV)
JV Shot Put (followed by V)

Running Events: 3:30 3200 Meter Run
4:15 4x800 Meter Relay
4:35 110 Meter High Hurdles
4:55 100 Meter Dash
5:10 4x200 Meter Relay
5:20 1600 Meter Run
5:30 4x100 Meter Relay
5:40 400 Meter Dash
5:55 300 Meter Intermediate Hurdles
6:10 800 Meter Run
6:25 200 Meter Dash
6:35 SENIOR NIGHT
7:00 4x400 Meter Relay