

SOUTHWEST INVITATIONAL

April 14, 2021

ENTRIES: Must be completed by **Monday, April 12 at 9:00 am** [Online Entry Form](#)

Late entries will not be accepted.

Coaches Please enter in the correct division.

ENTRY FEES Junior High: \$40 per team; \$80 for both girls/boys

High School: \$50 per team; \$100 for both girls/boys

*If a team has low numbers they can choose to pay \$8 per kid.

ENTRY QUESTIONS: Rich Schilling – 314-522-6176 – rich@trxctiming.com

MEET QUESTIONS: Oren Magruder – A.D. – omagruder@southwestr1.org

Drenda Neptune – Coach – dneptune@southwestr1.org

COACH'S MEETING: 8:30 A.M. Sharp

FAN ADMISSION: Adults/\$3, Students/\$2, Pre-K & under/Free

We will medal the top four in each individual event and the top three in relays. Also, there will be a plaque given to the highest scoring boys and girls teams. All events will be run as finals, no preliminaries. Coaches may scratch their athletes on the day of the meet, but you will not be able to add a student to an event. The scratch meeting will be held at 8:30am. Workers will be placed to help out, but coaches will be expected to help run an event or time if their team is entered in the SW Invitational. If you have any questions, feel free to contact Oren Magruder, A.D.

8:45am FIELD EVENTS: (Three Attempts)

<u>SHOT PUT</u>	JHB>JHG>HSB>HSG
<u>DISCUS</u>	HSG>HSB>JHG>JHB
<u>TRIPLE JUMP</u>	HSB>JHB>HSG>JHG
<u>LONG JUMP</u>	HSG>JHG>HSB>JHB
<u>HIGH JUMP</u> (Two Pits)	JHG>HSG>JHB>HSB

9:30am RUNNING EVENTS:

<u>3200m RELAY</u>	HSG/HSB
<u>100H</u>	JHG, JHB
<u>100H</u>	HSG
<u>110H</u>	HSB
<u>100m DASH</u>	JHG, JHB, HSG, HSB
<u>800m RELAY</u>	JHG, JHB, HSG, HSB
<u>1600m RUN</u>	JHG, JHB, HSG, HSB
<u>400m RELAY</u>	JHG, JHB, HSG, HSB
<u>400m DASH</u>	JHG, JHB, HSG, HSB
<u>300m HURDLES</u>	HSG/HSB
<u>800m RUN</u>	JHG, JHB, HSG, HSB
<u>200m DASH</u>	JHG, JHB, HSG, HSB
<u>3200m RUN</u>	HSG/HSB
<u>800 MEDLEY</u>	JHG/JHB
<u>1600m MEDLEY</u>	HSG/HSB