



### Southwest Conference HS Track Meet

**Date:** April 27th, 2021

**Site:** Royce Stadium/Sarcoxie High School

**Time:** 4:00 PM

**Coaches Meeting:** 3:30 PM Place to meet TBD!

**Hospitality:**

**Spikes:** 1/4" Spikes only **\*Violators will be disqualified! \*\*The spikes will be checked in the bull pen. \*\*\*All competitor's uniforms must conform to NFHS Regulations.**

**National Anthem:** 3:50 PM

**Field Events:** 4:00 PM (4 throws or jumps and all finals)

**Running Events:** 4:30 PM (All running events are finals) \* Girls precede boys!

\*All races will be automatically timed with the Eagle Eye Timing System.

**Scoring:** We will score 1st through 8<sup>th</sup> place on a 10- point system: 10-8-6-5-4-3-2-1

**Entries: Entries need to be posted by Monday, April 27th @ 5:00 PM**

**Scratches:** Scratches need to be finalized by 9:00 AM Tuesday, April 28th.

**Entry Limit:** 4-events per individual, 3 athletes per school per event, & 1 relay team per school

**Awards:** Medals will be awarded for the top three finishers in each event.

\*All individuals (or relay members) will be noted as the All-Conference selection for that event.

**\* Track Athlete of the Year will be determined at this meet through one boy and girl achieving the high point total for the meet.**

-Team plaques will be presented to the 1st place boys and girls teams.

**In cases of ties, the points shall be divided and the contestants will flip for the medal.**

**Track Facilities:** No tape will be allowed on the track or runways! **\*PLEASE USE TENNIS BALLS OR CHALK ONLY FOR YOUR MARKS!**

**\*I will have chalk ready at all the applicable field event sites.**

**Dressing Facilities:** There will be no facility designated to dress.

**Bus Parking:** Busses will drop off athletes at the west gate of the stadium and then proceed to park in the HS parking lot on the east side of the High School.

**Spectator Parking:** Spectators will park in the West parking lot of the stadium.

**Trash:** Please remind your teams to clean up after the meet and put trash in the proper disposal area.

**FB FIELD: ONLY WATER WILL BE ALLOWED ON THE TURF! NO FOOD OR GATORADE WHATSOEVER WILL BE ALLOWED ON THE TURF/TRACK AS WELL! \*PLEASE INFORM YOUR TEAM OF THESE REQUESTS.**

**Concessions:** A concession stand will be available at the meet.

**Hospitality:** Due to Covid guidelines, we will for this year hand out tickets to all coaches and drivers to pick up food at the concession stand.

**Games Committee:** Marionville, Pierce City, Sarcoxie, and Ash Grove

**Exchange Zones:**

**(4x100)** 1st leg: Diamond 2<sup>nd</sup> Leg: Pleasant Hope 3<sup>rd</sup> Leg: Lockwood

**(4x200)** Ash Grove & Miller

**Starter:** Alan Spencer

**If you have any questions, please contact Jeff Kabance (AD) 417-548-2153 Email: [jkabance@sarcoxie.k12.mo.us](mailto:jkabance@sarcoxie.k12.mo.us) or Coach Busselman at (Cell) 402-720-9584 Email: [mbusselman@sarcoxie.k12.mo.us](mailto:mbusselman@sarcoxie.k12.mo.us)**

## **FIELD EVENT ORDER**

**4:00 PM** Girls High Jump  
Boys Discus  
Girls Triple Jump  
Girls Shot Put

**5:30 PM** Boys High Jump  
Girls Discus  
Girls Long Jump  
Boys Shot Put

Boys Long Jump  
Boys Pole Vault  
Girls Javelin

Boys Triple Jump  
Girls Pole Vault  
Boys Javelin

**\*Depending on the number of entries in the Pole Vault, this event would most likely be combined.**

**RUNNING EVENTS (Girls Followed by Boys) 4:30 PM**

3200m Relay

100m High Hurdles

110m High Hurdles

100m Dash

800m Relay

1600m Run

400m Relay

400m Dash

300m Low Hurdles

800m Run

200m Dash

3200m Run

1600m Relay