



# **sikeston**

## **Twilight Invitational**

### **Schedule - Thursday, April 4, 2024**

Coaches Meeting - 3:00

Field Events - 3:30

Running Events - 3:30

### **Awards**

Plaques will be awarded to the top three teams in each division. Medals will be awarded to the top 3 finishers in each event.

### **Parking**

Parking is provided by the Tennis Courts and Fieldhouse.

### **Registration**

Entries must be submitted to [MileSplit](#) and done NO LATER than **April 3<sup>rd</sup> by 9:00 AM**

Registration questions email [Paul Golian](#) – TRXC Timing

**Timing:** [TRXC Timing](#)

### **Meet Program**

[Heat Sheets/Flight Sheets](#)

### **Entry Fee**

The meet will consist of two divisions: Varsity boys and girls. The entry fee will be **\$300 for both together or \$150 each or \$25 an individual**. Entry fees must be received before the meet on **April 4th or you will not be able to participate**.

Please send fees and registration to:

**Sikeston High School**

**Attn: Frank Staple**

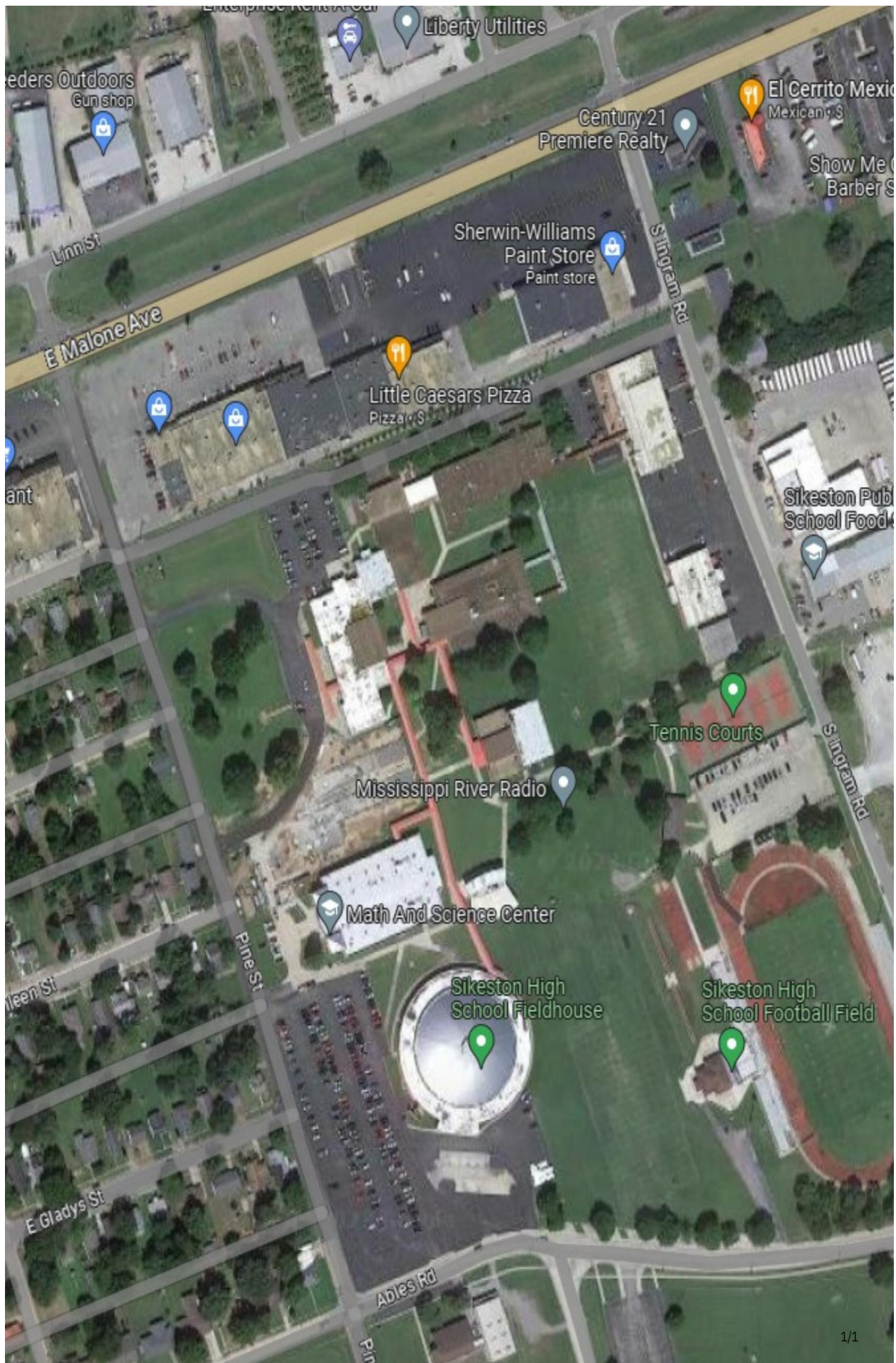
**200 Pine St**

**Sikeston, MO 63801**

### **Contact Information**

Cell: 573-714-1136

Email: [jfreeman@spsr6.org](mailto:jfreeman@spsr6.org)



# **Running Events**

**\*Starts 3:30\***

**4x800m**

**100m Hurdles**

**110m Hurdles**

**100m dash**

**4x200m**

**1600m**

**4x100m**

**400m**

**300m Hurdles**

**800m**

**200m**

**3200m**

**4x400m**

**Field Events**

**\*Starts 3:30\***

**Open 15 minutes at 3:15 & 5:00**

**3:30 - 5:00 & 5:15 - 6:45**

**\*We will try to stay on schedule\***

**Pole Vault - Girls followed by Boys**

**Triple Jump - Girls followed by Boys**

**High Jump - Girls followed by Boys**

**Shot put - Girls followed by Boys**

**Long Jump - Boys followed by Girls**

**Discus - Boys followed by Girls**

**Javelin - Boys followed by Girls**