



ikeston

Twilight Invitational

Schedule - Thursday, April 4, 2024

Coaches Meeting - 3:00

Field Events - 3:30

Running Events - 3:30

Awards

Plaques will be awarded to the top three teams in each division. Medals will be awarded to the top 3 finishers in each event.

Parking

Parking is provided by the Tennis Courts and Fieldhouse.

Registration

Entries must be submitted to [MileSplit](#) and done NO LATER than **April 3rd by 9:00 AM**

Registration questions email [Paul Golian](#) – TRXC Timing

Timing: [TRXC Timing](#)

Performance List

[Heat Sheets/Flight Sheets](#)

Entry Fee

The meet will consist of two divisions: Varsity boys and girls. The entry fee will be **\$300 for both together or \$150 each or \$25 an individual**. Entry fees must be received before the meet on **April 4th or you will not be able to participate**.

Please send fees and registration to:

Sikeston High School

Attn: Frank Staple

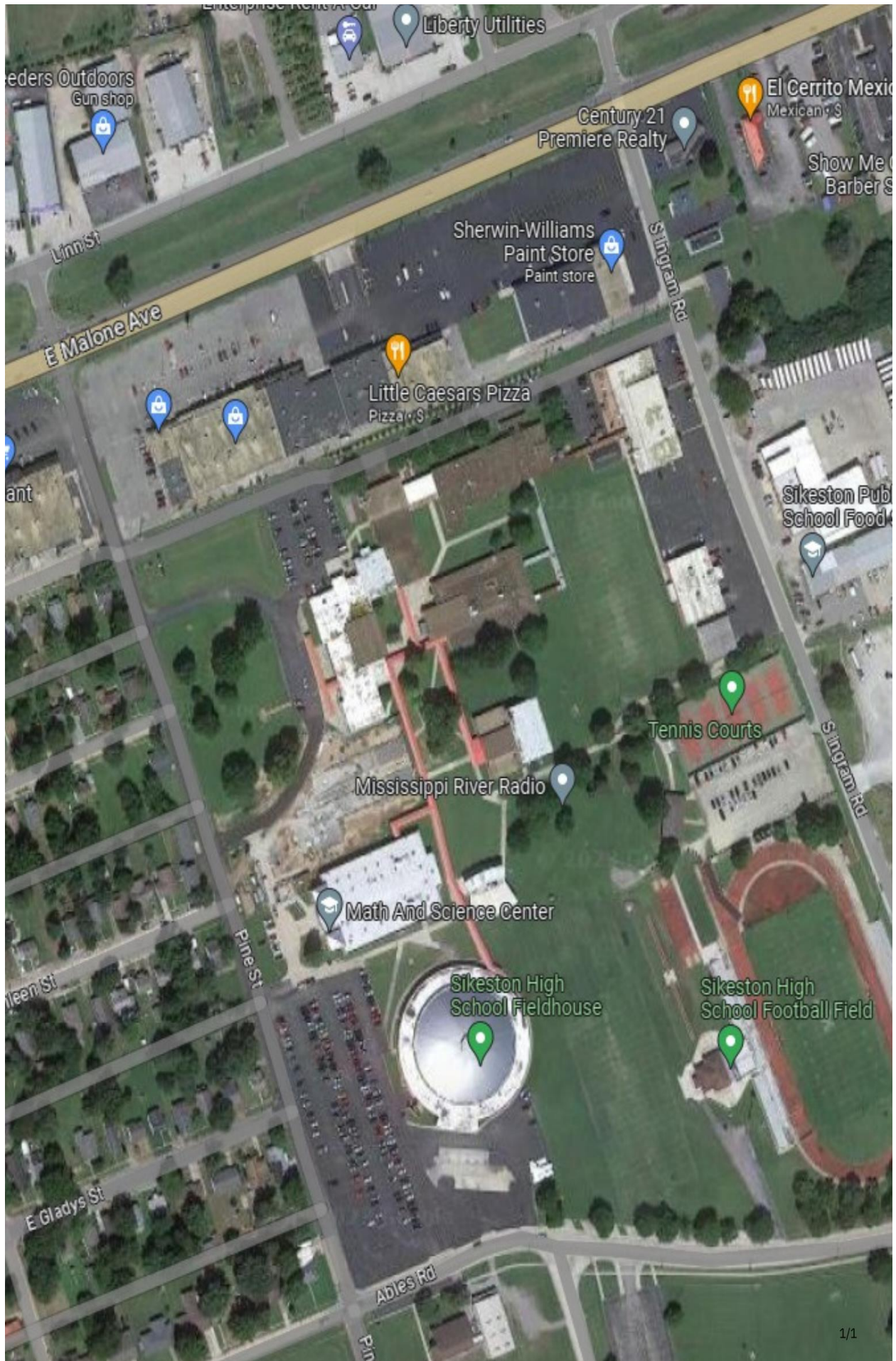
200 Pine St

Sikeston, MO 63801

Contact Information

Cell: 573-714-1136

Email: jfreeman@spsr6.org



Running Events

Starts 3:30

4x800m

100m Hurdles

110m Hurdles

100m dash

4x200m

1600m

4x100m

400m

300m Hurdles

800m

200m

3200m

4x400m

Field Events

Starts 3:30

Open 15 minutes at 3:15 & 5:00

3:30 - 5:00 & 5:15 - 6:45

We will try to stay on schedule

Pole Vault - Girls followed by Boys

Triple Jump - Girls followed by Boys

High Jump - Girls followed by Boys

Shot put - Girls followed by Boys

Long Jump - Boys followed by Girls

Discus - Boys followed by Girls

Javelin - Boys followed by Girls