

# **SAMSB Spring**



## **Track & Field Invitational**

**At**

**STEAM Academy at McCluer South-BERKELEY**

**April 20, 2024**

**Home of the BULLDOGS!!!!**

**SAMSB Spring Track & Field Invitational**

# ENTRIES WILL BE DUE ON FRIDAY APRIL 19 @9AM

The entries will be on [Mo. Mile Split](#)

Live Results [Click Here](#)

[Meet Program](#)

## **Saturday**

**4-20-24**

**8:00 am – Coaches' Meeting - Finish Line**

**9:00 am**

4X800 Relay

100/110m Hurdles

100m Dash

4X200m Relay

1600m Run

4X100m Relay

400m Dash

(15 minute Lunch Break)

300m Hurdles

800m Run

200m Dash

3200m Run

4X400 m Relay

**(THIS IS A RUNNING SCHEDULE. RUNNING AND FIELD EVENTS MAY GO AHEAD OF TIME)**

**8:30 am – 10:15 am**            Long Jump (Girls)

**8:30 am – 10:45 am**            High Jump (Boys)  
Discus (Girls)  
Shot Putt (Boys)

**10:15 am – 12:00 pm**            Long Jump (Boys)

**11:00 am – 1:15 pm**            High Jump (Girls)  
Discus (Boys)  
Shot Put (Girls)

12:00 pm – 1:30 pm Triple Jump (Boys)

1:30 pm – 3:00 pm Triple Jump (Girls)

Approximate Ending Time of the Meet is 3pm.



FFSD is excited to welcome our spectators to our events. FFSD is committed to providing the safest, greatest experience possible for student-athletes, coaches, officials, and spectators.

### Clear Bag Policy

All Ferguson-Florissant Schools have a clear bag policy for all athletic events. Spectators will be permitted to carry one large clear bag (a gallon size Ziploc style bag, or a 12" x 6" x 12" clear bag, or a small clutch purse 4.5" x 6.5")

Any spectator attending an event held at a Ferguson-Florissant school will be required to follow this procedure.

**Ferguson-Florissant School District**  
**CLEAR BAG POLICY**  
Limit One (1) Per Person

 ✓ <b>12" x 6" x 12" CLEAR TOTE</b>	 ✓ <b>One Gallon Clear Plastic Bag</b>	 ✓ <b>6.5" x 4.5" Small Clutch Purse</b>	<p><b><u>DO NOT BRING:</u></b> Backpacks Purses Duffle bags Fanny pack Large totes Camera bag</p> 
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