

# STEAM Academy at McCluer South-Berkeley

## Rodd Staggs Fr/So Invitational

March 25-26, 2024

- Entry Limit:** 2 participants per open event and 2 relays
- Medal:** There will be medals given to the top three in each event
- Registration:** All entries must be done on [MileSplit](#) NO LATER than **March 25<sup>th</sup> by 9:00AM**
- Heat/Flight:** [Click Here](#) to see heat and flight sheets
- Entry Questions:** Paul Golian – [paul@trxctiming.com](mailto:paul@trxctiming.com)
- Meet Questions:** Keith Rhodes – [krhodes@fergflor.org](mailto:krhodes@fergflor.org)

### Meet Schedule

#### Monday 3-25-24

3:30 pm **Coaches Meeting at the Finish Line**

3:45 pm Long Jump (boys then girls)  
High Jump (girls)  
Discus (girls)  
Shot Put (B)

4pm 4X800 Relay  
100m Dash  
4X200m Relay (Fr. Only)  
4X200m Relay  
1600m Run  
4X100m Relay (Fr. Only)  
4X100m Relay  
1600m Medley Relay (2-2-4-8)

#### Tuesday 3-26-24

3:30 pm **Coaches Meeting at the Finish Line**

3:45 pm Triple Jump (girls then boys)  
High Jump (B)  
Discus (B)  
Shot Put (G)

4pm 400m Dash  
300m Hurdles  
800 Sprint Medley (1-1-2-4)  
800m Run  
200m Dash  
3200m Run  
4X400m Relay