



SCAA Conference Meet April 27 2026

Teams: MRH (B/G), Bayless (B/G), Crossroads College Preparatory (B/G), Hancock High School (B/G), Brentwood B/G) and Valley Park High school (B/G)

Date/Time: Monday April 27th 2026, 3:30pm (Field Events Start), 4:00pm (Running Events Start) Coaching Meeting 3:00pm at the finish line

Location: Maplewood Richmond Heights High School

Entries: Entries will be completed on [AthleticNET](#), **ALL entries will be due NO LATER than Monday, April 27th, at 9:00AM CST. No late entries will be accepted, scratches only- no additions at coaches meeting!**

Entry questions? Reach out to Paul Golian - paul@trxctiming.com

Entry Limits: 2 entries per event running and jumping events

3 entries throwing events

1 Relay team entry

1600 & 3200 - unlimited (only 1 heat per gender) using an one-turn ally start

Heat/Flight Sheets: [Click Here](#) | **Live Results:** [Click Here](#)

Scoring: (Scoring 8 Places (10-8-6-5-4-3-2-1) Standard)

Officials: AD will provide Officials for meet

Awards: Medals will be awarded through 4th place in each event.

Trainer: One will be provided

Fees: Shared expenses post meet will be sent out

General Meet Information:

- New All-weather track and runway surfaces
- There will be a \$5.00 spectator entry fee. All athletes and coaches will not be charged. Provide a pass list
- **Medals and team scores.** An award for 1st place and 2nd place will be given.
- **Alert the Javelin will begin promptly at 3:30 pm, and any athlete who does not report at 3:30 will be scratched.**
- We will follow M.S.H.S.A.A. and N.F.H.S. handbook rules.

- All teams should come dressed. Locker rooms will NOT be provided.
- There are outdoor restrooms available. School is off-limits.
- Concessions will be available. Hospitality room for coaches, officials and volunteers only
- No Team Tent areas--all teams can camp in the stands
- Buses may drop off athletes at the track entrance on the north side of school, and should park in the upper parking lot.
- Please no tape or chalk on track or runways – tennis balls may be used for relays and runways
- Please remind athletes to stay off of the infield and finish line area.
- No teams should assemble in the finish line area.
- You will be sent a request for your desired work assignment prior to the meet.

Questions: [Rashaad Davenport](#) or 314-644-4400 or 314-574-1078 and [Jelani Bush](#) or 314 637 0638

Tentative Schedule of Events

4 throws/jumps

Javelin, SP, Discus - all flighted

High Jump	3:30pm boys,	girls after
Long Jump, 90 minutes	3:30pm girls,	5pm boys
Triple Jump, 90 minutes	3:30pm boys,	5pm girls
Shot Put - 2 Flights	3:30 Boys	4:30 Girls
Discus - 2 Flights *	5:15 Girls	6:15 Boys
Javelin - 2 Flights	3:30 Girls	4:15 Boys

* The Girls Discus will begin immediately after conclusion of the Boys Javelin. The 5:15 start time is only an estimate.

4:00pm boys, then girls rolling schedule

4x800 relay

110H/100H

100M

4x200 relay

1600M (Unlimited entries, 1 heat for each gender) **using an one-turn ally start**

4x100 relay

400M

300H

800M

200M

3200M (Unlimited entries, 1 heat for each gender) **using an one-turn ally start**

Buffalo Run - 4x100 Throwers Relay

4x400 relay