



Siebert/Finch Invitational

Rockwood Summit High School Saturday April 18, 2026

Meet Managers: Erin Hopkins - Rockwood Summit Girls Track and Field Head Coach
Matt Warren - Rockwood Summit Boys Track and Field Head Coach

Location: Rockwood Summit High School 1780 Hawkins Road, Fenton, MO 63026

Start Time: 9:30 am - Running and Field Events

Cost: \$200 per Girls team, \$200 per Boys team; Checks should be made payable to Rockwood Summit High School Athletics and sent to Dustin Hays, Athletic Director, 1780 Hawkins Road, Fenton, Mo 63026

Track Info: 8 Lane all-weather track. You may only use ¼" spikes or smaller. Teams may put up tents in specified areas adjacent to the visiting bleachers or outside fenced areas; space is at a premium. Spectators must stay in the stadium bleacher viewing areas as they will not be allowed on the infield.

Scoring: 10-8-6-5-4-3-2-1

Registration: Will take place on [AthleticNet](#). **ALL ENTRIES will be due NO LATER than Friday, March 17th, at 9:00 AM CST. No late entries will be accepted!**

Entry questions? Reach out to Paul Golian - paul@trxctiming.com

Entry Limits : You may enter up to 2 athletes per division per individual event, 1 relay team. Juniors and Seniors are allowed on JV, provided they are of true JV level performance. The four event per athlete rule is in effect.

- Sprint events will be power seeded & run against time. No Finals.
- Due to the size of the meet and time constraints, Throwing events, LJ and TJ will have 3 attempts with no finals.
- There will be no division crossovers in any event.

Heat/Flight Sheets: [Click here](#)

Live Results: [Click here \(TRXC Timing\)](#)

Games Committee: Tim Weir-SLUH, Nick Buckvar-Ladue, Wes Armbruster-Festus, Roberta McWoods-Kirkwood, Ken Campbell-Northwest





Coaches Meeting: 8:45am on the *Infield (Bullpen)*

Admission: Please inform your parents that there will be a **\$5.00 admission** fee charged at the gate.

· **CONCESSIONS:** will be available for the athletes and spectators in the activities lobby behind the press box.

☒ **COACHES HOSPITALITY:** breakfast and lunch items will be provided to coaches. Location is in the choir/band room located diagonally behind the press box.

· **AWARDS: Medals** for the top 4 places in the varsity and junior varsity divisions.
Trophies will be awarded to the first and second place teams in each division.
*Medals can be picked up by athletes after each event's results are announced during the meet at the medal table behind the pressbox.

· **BUSES:** Buses are instructed to drop off at the entry to the stadium and continue around either to the upper lot or the elementary and middle schools a block south of Rockwood Summit

· **INFIELD:** Only Coaches and athletes warming up in the designated area are permitted in the infield. No food, sunflower seeds, drinks other than water allowed on the infield. Coaches please refrain from setting up camps on the infield!

☒ **BULLPEN:** Athletes must report to the bullpen before their race for hip numbers. They will then be sent to the start line of their race. Field events will check in at the event site.

· **TENTS:** Tent space will be at a premium adjacent to or within the visiting stadium bleachers. No tents will be permitted in the bleachers on the home stadium bleachers.

· **WEATHER:** We will run in almost any weather other than lightning. We will use the lower gymnasium in the inclement weather delaying the meet. If there is a need to cancel or reschedule the meet we will contact the schools as soon as possible.

· **RESTROOMS:** Restrooms are located at the end of the stadium on the side of the storage shed as well as just inside the entry to the main building behind the press box. Locker rooms are not available on site.

· **FIRST AID:** A certified trainer will be available on site.

Meet Questions: Erin Hopkins hopkinserin@rsdmo.org 314.803.8662

Matt Warren warrenmatthew@rsdmo.org 314.413-3125





Running Events: *We will use a Rolling Schedule to maximize time.

Below is an **estimate** of the time schedule for reference.

JV followed by Varsity ~ Girls followed by Boys (per State Schedule)

9:30 a.m. Girls - 4X800m Relay

10:00 a.m. Boys - 4X800m Relay

10:30 a.m. Girls 100m Hurdles

10:50 a.m. Boys 110m Hurdles

11:10 a.m. Girls 100m

11:30 a.m. Boys 100m

11:50 a.m. Girls 4X200m Relay

12:10 p.m. Boys 4X200m Relay

12:30 p.m. Girls 1600m

1:00 p.m. Boys 1600m

1:30 p.m. Girls 4X100m Relay

1:50 p.m. Boys 4X100m Relay

2:20 p.m. Girls 400m

2:40 p.m. Boys 400m

3:05 p.m. Girls 300m Hurdles

3:30 p.m. Boys 300m Hurdles

3:50 p.m. Girls 800m

4:10 p.m. Boys 800m

4:40 p.m. Girls 200m

5:00 p.m. Boys 200m

5:20 p.m. Girls 3200m

5:50 p.m. Boys 3200m

6:15 p.m. Girls 4X400m

Relay 6:35 p.m. Boys

4X400m Relay





Field Events:

Implements will be pooled at site. The Field Judge will inspect implements.

All Implements must remain at site until the event is complete.

- **Javelin** 3 attempts / 2 and 1 / Cafeteria style / No finals | Will be held on upper fields in front of school. Girls top field / Boys bottom field
- **Discus & Shot Put:** 3 attempts / 2 and 1 / No finals
 - V-Shot**- Furthest away from the walkway/steps
 - JV Shot**- Closest to the steps
 - V-Disc**- Closest to the baseball field
 - JV-Disc**- Furthest away from school, by the exit/side exit
 - LJ & TJ:** 3 attempts / Cafeteria style / No finals

SIEBERT-FINCH 2026 - Field Event Rotations

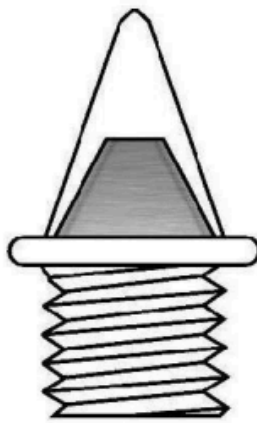
The time schedule must be followed. The 15min before each event *(or extra time if the prior event is finished)* is for warm ups.

9:30am - 11:30am	11:45am - 1:45pm	2:00pm - 4:00pm	4:15pm - 6:15pm
JV Boys Long Jump	V Boys Long Jump	JV Girls Long jump	V Girls Long Jump
JV Girls Triple Jump	V Girls Triple Jump	JV Boys Triple Jump	V Boys Triple Jump
JV Boys High Jump	V Boys High Jump	JV Girls High Jump	V Girls High Jump
JV Girls Pole Vault	V Girls Pole Vault	JV Boys Pole Vault	V Boys Pole Vault
JV Boys Discus	V Boys Discus		
JV Girls Discus		V Girls Discus	
	JV Boys Shot Put	V Boys Shot Put	
V Girls Shot Put	JV Girls Shot Put		
JV Boys Javelin	V Boys Javelin		
JV Girls Javelin	V Girls Javelin		





NO
Christmas
Tree Spike
Pins



1/4"
Pyramid
"Cone Shape"
Only



NO
Needle
Spike
Pins