

**Priory Open Junior School Meet 2023**  
**Friday, March 31<sup>st</sup>, 2023**

**Meet Information and Protocols**

Start time: 4:00 pm Coaches' Meeting. Events begin at 4:15 pm

Entry Fee: \$150 per school

Timer and Live Results: [TRXC Timing](#)

Starter: TBA

Entries are due by **9AM Friday, March 31<sup>st</sup>**. Three entries per open event, one entry per relay. [Online Entry Link](#)

We will try to move ahead of schedule, but no more than 15 minutes. Listen closely to the announcer.

**Other Important Information**

The infield is intended for the coaches and a warmup area ONLY. No team camps in this area!

All team camps will be located on the WEST SIDE outside of the stadium in the grass areas on either side of the walkway down to the stadium.

The clerk/Bullpen will be located near the finish line. Relay athletes will be sent from the bullpen/finish line to their respective zones.

**All teams must provide a knowledgeable coach to administer an event and an exchange zone.** We will assign you an exchange zone, but we need coaches to volunteer for field events. We will have the long jump and triple jump taken care of, but the following will need to be covered: LJ, Triple J, HJ, SP, and Discus. Please email your preferences to Coach Scott at [ascott@priory.org](mailto:ascott@priory.org). If you do not send a preference, we will assign you one.

All field events will be cafeteria style with four attempts total, except for the high jump and pole vault. Athletes must inform the official before leaving their event if they have a race they need to run and inform them when they return.

NO TAPE on runways. Chalk is acceptable.

¼" pyramid spikes or less.



## Priory Varsity Meet Schedule

Friday, April 31<sup>st</sup>, 2023

Field events:

4:00-5:30 GHJ, GSP, BD, GLJ, BLJ,

5:00-6:30 BHJ, BSP, GD, BTJ, GTJ.

HJ opening height: 1.37m (4ft 6inches) men, 1.22m (4ft) women-up by 2in increments

### Schedule

4:25 G100MLH

4:30 B110LH

4:40 G100M

4:45 B100M

4:55 G 4 x 200 (XZ: Red/Red/Gold)

5:00 B 4 x 200 (XZ: Red/Red/Gold)

5:10 B + G 1600

5:30 G 4 x 100 (XZ: Gold)

5:40 B 4 x 100

5:50 G 400M

6:00 B 400M

6:10 G 800M

6:15 B 800M

6:25 G 200M

6:30 B 200M

### Officiating duties:

Priory Long jump, triple jump, announcer, bullpen, clerk

We will send an email with what team is assigned to which event once teams have registered and sent in their preferences.