

Principia Invitational Track Meet

Friday, April 1st

4:00 p.m.

Schools Invited

Brentwood
Lutheran North
Lutheran South
John Burroughs
Whitfield
Principia

Entry Link: All Entries must be completed no later than **Thursday, March 31 at 9:00 am**
[Online Entry Link](#)

Heat/Flight Sheet

[Click here](#) to see heat and flight sheet

Entry Limitations

100/200/HH/LH/400----3 entries per school per gender
Relays—2 teams per school per gender
800/1600/3200—4 entries per school/per gender
Field Events—4 entries per school per gender

Games Committee

Head Coach of each team participating
Head Official and Meet Referee—Mike Parsons

Miscellaneous Matters

3/8" spike maximum
Chalk or Tape okay on jump runways
No markings on track for relays—half tennis balls only
Entire venue counts as "coaching box"

Timing Provided by:

The highly esteemed, one-and-only **TRXC**

Very Miscellaneous

Coaches should advise Principia in advance of any hurdlers who you would rather run at lower than conventional height for the high or low hurdles. This is learning meet, and we can accommodate these newer hurdlers with enough advance notice.

