Parkway Cross Country Quad 2026

The Parkway Quad will be held at South High on Saturday, October 10th, 2026.
The course is similar to last year's Quad that was held at Parkway South. It is a flat, fast, and spectator friendly course!

Schedule:
7:30 am- Coaches meeting at starting area
8:00 am- 3-5th Grade Boys/Girls Elementary Mile Fun Race
8:30am- 6-8th Grade Boys/Girls Elementary Mile Fun Race
9:00 am- Varsity guys 5k (10 runners max)
9:30 am- Varsity girls 5k (10 runners max)
10:00 am- JV Boys 5k
10:30 am- JV Girls 5k
11:00am- Freshman 5k- Boys/Girls

Additional notes
- **Athletic.net** will be used to register runners. Registration closes Thursday, October 8, 2026 at 9:00AM Registration questions contact **Paul Golian** – **TRXC Timing**
- **Click Here** to see box assignments
- Rosters: **Boys** **Girls**
- Trainer will be on duty and stationed near the finish line
- There will be no trophies or individual medals awarded.
- **Click here for live results (TRXC Timing)**

If you have any questions, please contact one of the following:

AD: Matt Roach | **mroach@parkwayschools.net** | 314.415.7796
Boys Head Coach: Blair Porter | **bporter@parkwayschools.net**
Girls Head Coach: Bob Klebolt | **rklebolt@parkwayschools.net**