

Parkway North Fred Lyon Invitational 2023

Meet Dates: Friday, April 21st

Meet Managers: Jeff Kinney jkinney@parkwayschools.net
Moyenda Anwise manwise@parkwayschools.net

Meet Details: ***VARSITY ONLY Boys and Girls.*** This meet is sanctioned by MSHSAA

Site Details: Parkway North has an 8 lane all-weather track. The pole vault, high jump, long and triple jump areas also have a rubberized surface. You may use chalk or half tennis balls for marks on the track or runway surfaces. The shot and discus circles are concrete. Please bring your own official shot, discus, and javelin. Please, clearly mark your throwing implements for identification purposes. There will be no locker room facilities available. Restrooms are on site. Concessions will be available.

Entries: You may enter **three** athletes per event and one team per relay per division. Athletes are limited to participating in only 4 events.

Entry Procedure: We will use **TRXC Timing** to enter athletes and seed the meet; therefore no seeding meeting is necessary. Please enter all of your athletes in on **MileSplit**. Entries are due no later than **Wednesday, April 19 by 4pm**. Coaches can manage their roster until **Friday, April 21 at 9am**.

Coaches Meeting: A coach's meeting will be held at 3:30 p.m. in the bullpen before the meet to distribute heat sheets and provide meet information.

Heat/Flight: [Click Here](#) to see heat and flight sheets

Awards: Medals will be awarded to the top five in each event. We will award trophies to the first and second place in each division. We will continue the tradition of awarding a plaque to the "Athlete of the Meet," which will be voted on by the coaches.

Entry Fee: The entry fee is **\$380 if you bring both Varsity Boys and Girls, or \$190 for just one division**. Make checks payable to:

Parkway Tournament Fund, Fred Lyon Invitational

Mail entry fee to:
Corey Johnson, Athletic Director
455 N. Woodsmill Rd.
Chesterfield, MO. 63017

If you have any questions, please contact Josh Martin at 314-415-7637 or Jeff Kinney at 636-578-6630.

Please fill out this form to register:

https://docs.google.com/forms/d/e/1FAIpQLSdgH1mHC5LE9vfNjAGG6sGjemSwBjKqfl-hXekWLBfYfmwrD0Q/viewform?usp=sf_link