



Parkway Central High School
Activities Department

47th Henle R. Holmes Invitational
April 14th, 2022

- Location:** Parkway Central High School
- Meet Questions:** Steve Warren – steve.warren4667@gmail.com
- Entry Limit:** 2 per event and you may use the four event per athlete rule.
- Entry Fee:** The entry fee is \$180.00 per team, \$360.00 for both boys and girls.
Make checks payable to:
Parkway Tournament Fund, Henle Holmes Invitational
C/O Mike Roth, Athletic Director,
455 No. Woods Mill Rd., Chesterfield, MO 63017
- Meet Entries:** Entry deadline will be on **Tuesday, April 12th at 5:00 pm** – [Online Entry Link](#)
- Scratches/Changes:** Coaches can manage their entries until **Wednesday April 13th by 9:00 am** – [Scratches/Changes](#)
NO EXCEPTIONS ON LATE ENTRIES
- Heat/Flight Sheet:** [Click here](#) to see heat and flight sheet
- Entry Questions:** Rich Schilling – rich@trxctiming.com or 314-522-6176
- Coaches Meeting:** 3:30 P.M. | Bullpen
- Meet Workers:** Each team will be required to provide one person to help run the meet effectively. Please email steve.warren4667@gmail.com your work request.
- Team Info:** As always, we will have 16 boys and 16 girls teams. We will continue having two schools in our meet considered “Provisional Teams” entering only events not filled by the 16 full teams. The provisional teams are indicated by a “P1” or “P2” on the list of teams below.
- Awards:** A team plaque will be awarded to the first-place team in each division, and medals will be awarded to the top five in each event.
- Events Surfaces:** Parkway Central has an all-weather track. The pole vault, high jump, and long & triple jump areas also have the rubber surface. You may use a maximum of 1/4” spikes in all events. Markings are with chalk or tennis balls, no tape allowed. The shot and discus circles are



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Field Events: (3 attempts)

4:15 p.m.	Boys	Pole Vault
	Girls	High Jump
	Girls	Long Jump
	Boys	Long Jump
	Girls	Discus
	Boys	Shot
	Boys	Javelin

Follow after the conclusion of the events that state at 4:15 p.m.

Girls	Pole Vault
Boys	High Jump
Boys	Triple Jump
Girls	Triple Jump
Boys	Discus
Girls	Shot
Girls	Javelin

Running Events:

4:15 p.m.	Girls	4X800m Relay
	Boys	4X800m Relay
	Girls	100m Hurdles
	Boys	110m High Hurdles
	Girls	100m
	Boys	100m
	Girls	4X200m Relay
	Boys	4X200m Relay
	Girls	1600m
	Boys	1600m
	Girls	4X100m Relay
	Boys	4X100m Relay
	Girls	400m
	Boys	400m
	Girls	300m Low Hurdles
	Boys	300m Intermediate Hurdles
	Girls	800m
	Boys	800m
	Girls	200m
	Boys	200m
	Girls	3200m
	Boys	3200m
	Girls	4X400m Relay
	Boys	4X400m Relay