School of the Osage



OSAGE 9th/10th INVITATIONAL April 6, 2021

Osage Indians Head Boys Track Coach Devin Johnson johnsond@osaeschools.org
Osage Indians Head Girls Track Coach Miriam Hill johnsond@osaeschools.org

Participating Schools: Camdenton, California, Eldon, Macks Creek, Rolla, Versailles, Vienna, Warsaw,

Waynesville

Locker Rooms: For Osage Athletes only

Scoring: This will be a non-scoring meet (no team points kept)

Entry Fee: Meet is \$85.00 for each Boys team and \$85.00 for each Girls team - \$170.00 total

Awards: Medals will be awarded for the top four places in all events including relay events

Meet Entries: All entries will be made online using **MoMilesplit** You are allowed two entries in individual events and one team in relay events.

Entries are due by Monday, April 5 at 4:00 pm - Online Entry Form

Scratches/Changes: Coaches can manage their entries until Tuesday, April 6 at 9:00 am

3:45 p.m. Coaches Meeting: Exchange judges and games committee assigned at this time

4:00 p.m. Field Events

Boys High Jump followed by Girls Girls Shot Put followed by Boys Boys Discus followed by Girls Girls Pole Vault followed by Boys

Girls Triple Jump followed by Girls Long Jump Boys Long Jump followed by Boys Triple Jump

Boys Javelin followed by Girls Javelin

4:30 p.m. Running Events

Boys run first

No preliminaries; all heats against time

All runners should report to the bullpen when called

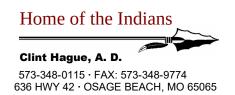
No spikes in bleachers

No tape on track or runway

• 3/16 or smaller pyramid spikes only; no needles

Starter : Dave Carlson, Columbia, MO

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Order of Events

4x800	Relay
100/110	Hurdles
100	Dash
4x200	Relay
1600	Run
4x100	Relay
400	Dash
300	Hurdles
800	Run
200	Dash
3200	Run
4x400	Relay