

# ***OFHS JV Invitational***

## ***April 12, 2023***

- Meet Director:** Brad Yount- [byount@ofr5.com](mailto:byount@ofr5.com)
- Coaches Meeting:** **3:00pm** – Located in the infield at the start line. The starting heights for the pole vault and high jump will be decided at this time. The games committee will consist of one coach from each school.
- Events:** Field Events: 3:30 p.m.  
Running Events: 4:00 p.m.
- Entry Limits:** 3 per event, 1 relay
- Heat/Flight Sheet** [ClickHere](#)
- Entry Deadline:** Entries are due no later than **Monday, April 10th at 5:00 pm** – [OnlineEntryForm](#)
- Scratches/Changes:** Coaches can manage entries **until Tuesday, April 11th by 9:00 am** -[Scratches/Changes](#)
- NO EXCEPTIONS ON LATE ENTRIES**
- Scoring:** 10-8-6-4-2-1
- Concessions/Hospitality:** Concession stand will be available by the Orchard Farm Booster Club. Hospitality will be provided for coaches, bus drivers and event workers. This will be located inside the concession stand and provided by our Track and Field parents.
- Running Surface:** We have a polyurethane track, and all jumping surfaces are polyurethane. These surfaces require 1/4-inch spikes or less. The throwing surfaces are concrete and require rubber- soled shoes. Spikes are not permitted in the bleachers.
- Tents:** Team camps should be set up at the south end of the track, by the concession stand or on the south side of the bleachers.
- Awards:** Top six in each event will receive a medal. Team plaques will be awarded to the boys and girls champions
- Buses:** Please see attached parking map. Buses are to park in the Orange area, in the long bus sized spaces (marked with white lines on the map).
- Entry Fee:** Our track meets are shared expense events. We will divide the total cost between all teams that participate and will send an invoice as quickly as possible. We bill all participants as “teams”. No individual entries.



## Orchard Farm JV Inv | Schedule of Events



**3:30**      **ALL FIELD EVENTS BEGIN – NUMBER OF ATTEMPTS WILL DEPEND ON NUMBER OF ENTRIES**  
**90 min limit for jumps.**

**3:30**      Boys and Girls Long Jump (cafeteria style), followed by Boys and Girls Triple Jump (cafeteria style)  
Boys High Jump | followed by Girls High Jump  
Girls Pole Vault | followed by Boys Pole Vault  
Girls Shot, Boys Disc, Javelin (cafeteria) will run concurrently with each other and we will switch at 5:30PM

**NOTE:** All contestants in the field events should report to the field event judge prior to the start of the competition. Contestants should also report immediately after being called for each trial and complete the trial within 1.5 minutes after reporting (exception – pole-vault is 2 minutes). Otherwise, they will be charged with an unsuccessful attempt.

**4:00**      **Order of all Final Running Events (Girls heats followed by Boys) – Rolling Schedule**

4 x 800-meter relay  
100/110m HH  
100m Dash  
4x200m Relay  
1600m Run  
4x100 Relay  
400m Dash  
400m Dash (para)  
300m LH  
800m Run  
200m Dash  
200m Dash (para)  
3200m Run  
4x400m Relay