



# North Point High School Track & Field

## 2026 NPHS Quad Meet #2



**Meet Entry Fee is \$200.00 Per Gender**

**Please send entry fees to:** Brett Kolons, Athletic Director 2255 W. Meyer Rd. Wentzville, MO. 63385

Meet Date	Rolling Meet Schedule Start Times
<b>Wednesday, April 29th 2026 (Senior Night)</b>	<ul style="list-style-type: none"><li>● <b>Coaches Meeting:</b> 3:00 PM</li><li>● <b>Field Events:</b> 3:30 PM</li><li>● <b>Track Events:</b> 3:30 PM</li></ul>

Entry Limits	Scoring & Awards
Will take place on <a href="#">Athletic.net (Click here)</a> <b>ALL entries will be due NO LATER than Wednesday, April 29th at 9:00AM CST. No late entries will be accepted!</b> Entry questions? Reach out to Paul Golian - <a href="mailto:paul@trxc-timing.com">paul@trxc-timing.com</a> <a href="#">MSHSAA Athletic.net Helpsheets</a> <u>Limits:</u> <ul style="list-style-type: none"><li>● Field Events = Unlimited entries</li><li>● Running Events = Unlimited entries</li><li>● Relay Teams = 2 relays per school</li></ul>	<ul style="list-style-type: none"><li>● Unscored</li><li>● No Individual Medals</li><li>● No Team Awards</li></ul> <p><b>Heat/Flight Sheets</b></p> <p><a href="#">Click here for Heat/Flight Sheets</a></p>

### General Meet Information:

Our NPHS Quad Meets are open competition opportunities for Varsity, JV, Freshman level athletes. Due to the unlimited entry format, we will limit all meets to 4-5 teams per gender.

- **Senior Recognition:** All competing seniors in attendance are welcome to participate in the senior recognition. I will send more information for those interested in participating.

### Entry Fee(s):

Entry fees are used to cover the cost of officials and timing. *There will be no coaches hospitality.*

### Timing & Live Results:

The meet will be timed by TRXC Timing. [Click here for live results](#)

### Work Assignments:

Help may be needed to run the Pole Vault and/or Javelin, NPHS will provide volunteers and cover all other field events.

### Gate / Meet Entry:

Admission is free to guests and spectators.

### Concessions:

Concessions will be available for athletes, coaches and spectators.

If you have any questions or need assistance, please feel free to contact **Brandon Tripp** at **314-593-8102 (cell)** or email [brandontripp@wsdr4.org](mailto:brandontripp@wsdr4.org)

ORDER OF EVENTS	
Running Events	
4x800m Relay	
100mH	
110mH	
100m	
4x200m Relay	
1600m	
4x100m Relay	
400m	
300mH	
800	
200m	
3200m	
4x400m Relay	

BOYS FIELD EVENT TIME SCHEDULE		
Boys	START	FINISH
Long Jump	03:30 PM	05:00 PM
Triple Jump	05:30 PM	07:00 PM
High Jump	05:30 PM	07:00 PM
Pole Vault	05:30 PM	07:00 PM
Shot Put	03:30 PM	05:00 PM
Discus	05:30 PM	07:00 PM
Javelin	03:30 PM	05:00 PM

  

GIRLS FIELD EVENT TIME SCHEDULE		
Girls	START	FINISH
Long Jump	03:30 PM	05:00 PM
Triple Jump	05:30 PM	07:00 PM
High Jump	03:30 PM	05:00 PM
Pole Vault	03:30 PM	05:00 PM
Shot Put	05:30 PM	07:00 PM
Discus	03:30 PM	05:00 PM
Javelin	05:30 PM	07:00 PM

**Field Events Reminder:** We would like to have all participants in the 3:30 PM field events complete by 5:00 PM (1.5 hours MAX). The Field events can and will run ahead if possible, but still allowing for a 30 minute break in between for athlete recovery and worker breaks. If/when we are down to 3 or fewer athletes visible to compete at the event, a final call announcement will be made instructing athletes to report to complete attempts within 15 mins. There will be a rolling start time for 5:30 PM field events if a 3:00 PM field event concludes prior to 5:00 PM. **Athletes/Coaches must pay attention to the calls.**

Boys Long	Boys Triple	Girls Long	Girls Triple
West Runway South Pit	West Runway North Pit	East Runway North Pit	East Runway South Pit

**West Runway** = Closest To Track | **North Pit** = Closest To Baseball Fields  
**East Runway** = Closest To Throws | **South Pit** = Closest To Away Bleachers

