



Region XVI Cross Country Championships

Date:	Friday, October 27 th , 2023		
Time:	Women’s 5K at 4:30PM	Men’s 8K at 5:15PM	
Course Location:	Smith Cotton High School 2010 Tiger Pride Drive Sedalia, MO 65301		
Parking:	Parking is available in the lot South of the school		
Team Scoring:	According to NCAA Region XVI Sport Code. Meet will be scored overall and by divisions.		
Awards:	Top team in each division and top 3 individuals in each division.		
Entries:	Unlimited - All entries must be entered by 7:00pm on Wednesday, Oct. 25th Direct Athletics		
Packet Pick-up:	Packets will be available at the course on meet day at 3:30pm		
Final Results:	Timing and Live Results Provided by TRXC Timing . Results will be posted to Direct Athletics		
Facilities:	An athletic trainer will be available.		
Rosters:	Men	Women	
Box Assignments:	Click Here to see box assignments.		
Meet Questions:	Coach Brad Hagedorn	660-287-1136	bhagedorn@sfccmo.edu
Registration Questions:	Rich Schilling	314-522-6176	rich@trxctiming.com

Women's 5k



Men's 8K

Yellow – First Loop

Blue – Second Loop

