

## **MEXICOCROSSCOUNTRY"RUNDXC"**

~ Fall Invitational ~ Head Coach Lucas Breneman (573) 721-0721

Ath Director Brandon Schafer (573) 721-1674

**EVENT: Cross Country Race** 

DATE: Friday September 1, 2023

LOCATION: Green Estates Park, Mexico Missouri

**REGISTRATION: Mo.MileSplit.com** 

### Entries must be done NO LATER than August 30th by 9:00am

Checks can be brought to the meet and made payable to Mexico Public Schools: \$75.00 Team, \$300.00 max per school. \$20.00 per athlete if they don't have complete team.

#### **DIRECTIONS:**

### Please pick-up your team packets from the check-in area located at the Finish Line as soon as you arrive.

≤From Highway 54: Take the main Mexico exit at the Walmart, proceed North into town, after passing McDonalds and El Vaquero restaurant turn East (right) onto Teal Lake Rd. Make a left onto Huntingfield Rd and park in the gravel lot by the shelter.

≤ From Highway 22: Proceed to the first stop light and turn South onto Muldrow(Right), East onto Boulevard(Left), South onto Clark(Right), and East (left) onto Teal Lake Rd. Make a left onto Huntingfield Rd and park in the gravel lot by the shelter.

#### **PARKING:**

PLEASE SEE THE PARKING INFORMATION ON THE LAST PAGE OF THIS FLIER ...

#### **TEAMS**

#### **PARTICIPATING:**

(Final lineup may vary)

Highland Northeast (Cairo) Battle LaPlata North Callaway **Bowling Green** Mark Twain Palmyra Brookfield MMA Praire Home Bunceton Mexico Salisbury Centralia Monroe City South Shelby Glasgow Montgomery County Van Far Hannibal

Harrisburg New Franklin

Higbee

#### RACESCHEDULE&AWARDS

Coaches meeting @ 5:40pm (meet near the start line)

Varsity Girls @ 6:00pm (up to 10 runners) medals to the top 20 & medals for the 1 & 2 teams

JV Boys & Girls @ 7:00pm (Unlimited) medals to the top 15 each gender Team & Varsity

Awards: Awards will be available for pickup at the conclusion of the meet.

#### **SCORING:**

**Each team has been assigned a set of NUMBERED BIBS and chips. YOU WILL RECEIVE THESE AS SOON AS YOU ARRIVE AND CHECK IN! Please make sure to match the correct NAME & NUMBER with the correct ATHLETE (you will receive a list at registration). Affix the BIB to the front of the athletes running singlet using safety pins** 

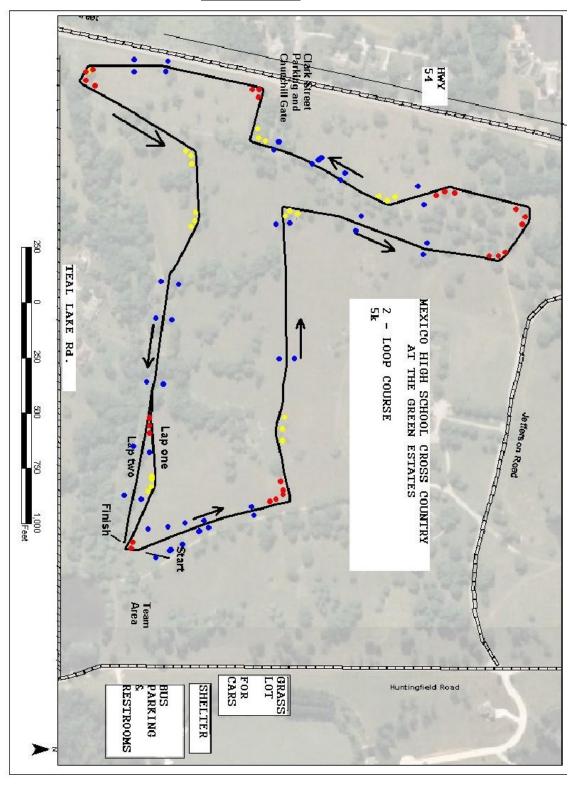
Schools are responsible for turning in their chips to TRXC at the conclusion of the meet. Any chip not turned in or lost will result in \$25 charge to the school! OTHER NOTES:

- Warning gun will be fired by the race official **10min**, **5-minutes and 3min whistle** before each race. There will be a 3-meter step-up line. The command will be "on your marks" (represented by raising an orange flag
- We have ICE & a CERTIFIED TRAINER for EMERGENCIES.
- Porta-Potties will be on the course near the start line
- Please CLEAN UP YOUR TEAM AREA at the conclusion of the race.

Entries: Girls Boys

**Box Assignment:** Click Here to see box assignments

## <u>CourseMap</u>



# **PARKING INFORMATION:**

Parents & spectators will be able to park in the grass lot near the shelter on Huningfield road. BUSSES ONLY WILL PARK IN THE GRAVEL LOT NEAR THE SHELTER (NO CARS IN THE SHELTER PARKINGLOT ~except handicapped marked vehicles)

