



# SAINT LOUIS PRIORY SCHOOL



## Metro League Cross Country Meet Fall 2021

**Date:** Thursday, October 21, 2021

**Race Times:**

- Varsity and JV Boys 4:30pm
- Varsity and JV Girls 5:10pm

**Site:** Saint Louis Priory School – 500 South Mason Road

**Trainer:** Our trainer, Derrick Neuner will be available should you need him.

**Parking:** Please use the lots near the gym or near the parish center. Buses can park at the far end of the lot near our tennis courts.

**Spectators:** No limitations. **All spectators need to have face coverings with them at all times.** Masks are required when using the indoor facilities. Masks are encouraged when spectators are unable to stay socially distanced from others outdoors.

**Team Areas:** Please set up your areas either behind the finish line WEST of the Corley Gym or down the hill in the grassy area down by the football field/track. Keep camps at least 20 feet apart. NO CAMPS on the football field itself!

**Hydration:** **All runners must have their own water bottles! We will have water for refills, but please have your runners bring their own water to start.**

**Timing:** We will be using Automatic Timing by TRXC Timing with ALL ENTRIES on MO Milesplit.

**Entry:** All Entries are due on **Wednesday, October 20 at 9:00 am** on MISSOURI MILE SPLIT. **DO NOT MISS THE DEADLINE.** [Online Entry Link](#)

**Entry**

**Questions:** Rich Schilling TRXC Timing, [rich@trxctiming.com](mailto:rich@trxctiming.com) 314-522-6176

**Meet**

**Questions:** Andrew Scott, Head Coach Priory Ravens [ascott@priory.org](mailto:ascott@priory.org) 314-623-8243

**Box**

**Assignments:** [Click Here](#)

**Rosters:** [Girls](#) [Boys](#)

**Entry Fee:**

- Paid by the conference

**Packets/Chips:** Coaches will return all chips to the finish line after the conclusion of all races in the envelope provided in your packet. Chips should be strung in numeric order. No chips will be collected in the finish chute. A \$25.00 fee will be assessed to each school for missing or damaged timing chips.

**Scoring:** The top 7 athletes for each school should be entered into the “varsity” division on Milesplit to score as a team, all other athletes should be entered into the “JV” division on **Milesplit**.

**Awards:** Plaques will go to the 1<sup>st</sup> and 2<sup>nd</sup> place varsity and JV teams for both the boys and girls. The top 15 finishers will earn all-conference recognition.

**Course:** All runners will run the full 5K course. The course is being redesigned to allow better viewing and to have the start and finish be closer to each other. Map provided soon. Course will be marked with standard directional flags: Red (left turn), yellow (right turn), and blue (straight).

**Note Re: COVID-19:** Pay attention to posted materials about the meet on Trxc Timing and Missouri Milesplit because of the ever-changing issues driven by Covid-19. As of September 14, we hope to run a traditional meet. We DO request that at this time all coaches, officials, spectators and athletes be masked WHILE NOT ACTIVELY WARMING UP/DOWN, COMPETING or performing an official duty. Competition adaptations could vary from wave starts to severely limited participants per team. Please be aware of any changes.