



MUSTANG INVITATIONAL
Saturday, April 5, 2025
MARQUETTE TRACK STADIUM

Invited Teams:

Lindbergh
Marquette
Ritenour
CBC

Eureka
Kirkwood
Desmet
Chaminade
Northwest
North Point

Lafayette
Webster Groves
SLUH
Parkway West
St. Louis Priory

Entries: Entries will take place on [MoMileSplit](#). **ALL entries are due NO LATER than Friday, April 4th at 9:00AM CST. No substitutions or additions after this time, scratches only the day of the meet.**

Entry Limits: Athletes cannot crossover between the JV and Varsity

Varsity - There will be 2 entries per event, one relay team per relay.

J.V. - There will be 4 entries per event. ***EXCEPT pole vault and high jump in which there will be 3.*** One relay team per event.

Entries Questions: Paul Golian - TRXC Timing - paul@trxctiming.com

With this meet being so early in the season, you may enter an athlete's best performance from the previous season for seeding purposes or your best estimate of their abilities. This will help ensure the best athletes are in the final heat.

Heat/Flight Sheets: [Click here for Heat/Flight Sheets](#)

Live Results: [Will be available through TRXC Timing](#)

Scoring: **10,8,6,5,4,3,2,1** – Only the top two individuals will score for a team, but anyone in the top 4 will medal

Entry Fee: Costs to be divided among participating teams.

Work Assignments: All teams will work one event. Teams working Varsity field events will be asked to work one relay exchange zone as well

Hospitality Room: Food and drinks will be available to all coaches and meet workers.

Concessions: A full concession stand will be open.

Games Committee: Marquette, Lafayette, SLUH, Ritenour, Northwest

Awards: Medals to the top 4 in the varsity and top 4 in the J.V. divisions.
Two team trophies per division.

Bus Parking: Athletes will be dropped off at the track and then all buses can park on the Marquette campus.



MEET SCHEDULE
Coaches Meeting 8:45AM (Press Box)

Field Event Schedule

Shot Put, Discus, Javelin, Long Jump, and Triple Jump will be **contested with 4 Jumps/throws** **NO FINALS**

9:15 am *Junior Varsity:* Pole Vault, Triple Jump, Shot Put
Varsity: High Jump, Long Jump, Discus, Javelin

12:00 pm *Junior Varsity:* High Jump, Long Jump, Discus, Javelin
Varsity: Pole Vault, Triple Jump, Shot Put

The events WILL NOT wait for athletes. Athletes who miss a height will be passed and they will rejoin the competition at the height the competition is at. Consider this when making entries. The following are the likely starting heights.

JV High Jump - 4'8" Varsity High Jump – 5'4"
JV Pole Vault - 7' 0" Varsity Pole Vault – 8' 6"

Running Events Schedule

9:15 Open 1600 (Unlimited Entries, No points awarded). One or two heats depending on entries.

All events will be JV followed by Varsity. These are estimated times. We may get a little ahead if there are going to be big gaps between events due to limited entries in an event. These times are based on a max of 60 JV entries and 30 Varsity in an individual event, but we may not have that. There will be announcements of 1st, 2nd and 3rd calls as well as announcements about how ahead of schedule we are (if it comes to that).

9:30 4 x 800 Relays

10:00 110 HH

10:20 100 m

10:55 4 x 200 Relay

11:15 1600m (3 JV and 2 Varsity heats)

11:50 4 x 100 Relay

12:10 400m

12:50 300 IH

1:10 800m

1:40 200m

2:15 3200m (2 JV and 1 Varsity heat with max of 30 runners in a heat)

3:00 4 x 400 Relay

