



2nd ANNUAL
Girls FLYER TRACK & FIELD
CLASSIC
Saturday April 5th 2025
LINDBERGH TRACK STADIUM

Entries: Entries will be completed on [MoMileSplit](#)

Entries Deadline: **Entries are due no later than Friday April 4th at 9:00 am.**

Scratches/Changes: Scratch only at Coaches Meeting

Entries Questions: Any questions regarding entries only please reach out to Paul Golian via email paul@trxctiming.com

Heat/Flight Sheets: Will be available [at this link](#)

With this meet being so early in the season, you may enter an athlete's best performance from the previous season for seeding purposes. This will help ensure the best athletes are in the final heat.

Entry Limits: **Athletes can not crossover between the JV and Varsity**

***Varsity** - There will be 2 entries per event, one relay team per relay.*

***J.V.** - There will be 3 entries per event, one relay team per event.*

Scoring: **10,8,6,5,4,3,2,1 – JV – all eligible to score and medal**

Entry Fee: Costs to be divided among participating teams.

Work Assignments: We plan to ask all teams be assigned one event.

Hospitality Room: Food and drinks will be available to all coaches and meet workers at the concession stand.

Concessions: A full concession stand will be open.

Meet T-Shirts: Will be sold



Games Committee: Will be determined when the field of teams is completed.

Awards: Medals to the top 5 in the varsity and top 7 in the J.V. divisions. Two team trophies per division.

Bus Parking: Athletes will be dropped off at the track and then all buses will park at Sperreng Middle School on Concord School Road. (about 1 mile away)

Field Event Meet Schedule

Field Events: Shot Put, Discus, Javelin, Long Jump, and Triple Jump will be **contested with 4 Jumps/throws** **NO FINALS**

8:45 am **Coaches Meeting at The Press Box**

9:15 am **Field Events Begin**

9:15 am Junior Varsity Pole Vault, Triple Jump, Shot Put
Varsity High Jump, Long Jump, Discus, Javelin

11:30 am Junior Varsity High Jump, Long Jump, Discus, Javelin
Varsity Pole Vault, Triple Jump, Shot Put

For the High Jump and Pole Vault the starting height will be as follows...

The events WILL NOT wait for athletes. Athletes who miss a height will be passed and they will rejoin the competition at the height the competition is at. Consider this when making entries.

JV High Jump -

Varsity High Jump –

JV Pole Vault -

Varsity Pole Vault –

Track Events: All track events are timed finals.
9:45 am Traditional Order of Events
Rolling schedule – JV then Varsity
All running events will be JV followed by Varsity



Running Events Schedule

8:45 Coaches Meeting (Press Box)

9:15

Javelin (Varsity)	Discus (Varsity)	Shot Put (JV)
High Jump (Varsity)		Pole Vault (JV)
Long Jump (Varsity)		Triple Jump (JV)

9:40 Open 1600 (Unlimited Entries, No points awarded) One or two heats depending on entries.

JV Followed by Varsity

10:00 4 x 800 Relays

10:30 110 HH

10:50 100 m

11:20 4 x 200 Relay

11:30

Pole Vault (Varsity)	High Jump (JV)	Javelin (JV)
Shot Put (Varsity)	Discus (JV)	
Triple Jump (Varsity)	Long Jump (JV)	

11:45 1600m

12:25 4 x 100 Relay

12:40 400m

1:10 300 IH

1:30 800m

1:50 200m

2:10 3200 1 Heat

2:40 4 x 400 Relay



Event Assignment	Varsity	Junior varsity	Varsity	JV
Long jump				
Triple Jump				
High Jump				
Pole vault				
Discus				
Shot				
Javelin				
Exchange Zone		4 x 100		4 x 200