

2021 LEXINGTON HIGH SCHOOL TRI-COUNTY TRACK MEET

DATE: MARCH 30, 2021

TEAMS: Carrollton, Concordia, Hamilton, Hardin-Central, Lexington, Norborne, Orrick, Otterville, Richmond, Santa Fe, St. Paul Lutheran, Wellington.

ENTRY FEE: Non-Medal Event-No entry fee

TIME: Coaches Meeting 3:30 PM Field Events:4:00 PM Running Events: 4:30 PM

CONTACT INFO: Kyle Barkley, Activities Director kbarkley@lexington.k12.mo.us
Chad Caldwell, Head Coach ccaldwell@lexington.k12.mo.us

SPECTATOR ENTRY: \$4 adult & \$3 students. Over 62 and under 6 are Free.

BUSES: Will start on east side (facings south) of school and wrap around the front of the school.

ENTRIES: 3 entries per event, and 2 relays per team. Entries open 3/19. **Entries are due by 9:00 am Tuesday, March 30th**. Enter entries on [MoMileSplit](#).

EQUIPMENT: 1/8" spikes or flats should be used for the long jump, triple jump, high jump, and pole vault. Flats should be used for shot put and discus. Starting blocks will be furnished.

FACILITIES: Schools are encouraged to come dressed. Concessions and restroom areas will be available at the north end of the track. You will be responsible for your own valuables. Athletes will not be allowed in the main school building.

AWARDS: Non-medal events

SCORING: 10-8-6-5-4-3-2-1 (Events) and 10-8-6-5-4-3-2 (Relays)


BAR HEIGHT: The coaches will determine the starting height of the boys and girls high jump and pole vault.

TRIALS: Shot Put, Discus, Long Jump and Triple Jump will have 4 attempts each. Long and Triple jump will be cafeteria style with 1 ½ hours to complete attempts.

PRELIMS: **NO PRELIMS**. Finals only in hopes of making the meet run faster. Please consider that when entering times in the 100 and 100/110 hurdles.

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Schedule of Events



4:00 p.m.	Boys Long Jump (West Pit) Girls Triple Jump (East Pit) Boys High Jump Girls Shot Put Boys Discus Girls Pole Vault Javelin	
5:00 p.m.	Immediately following the above events, the following events will begin: Boys Triple Jump (East Pit) Girls Long Jump (West Pit) Girls High Jump	Boys Shot Put Girls Discus Boy Pole Vault
4:30 p.m.	3200 Meter Relay 3200 Meter Relay	Girls Boys
	100 Meter High Hurdles 110 Meter High Hurdles	Girls Boys
	100 Meter Dash 100 Meter Dash	Girls Boys
	800 Meter Relay 800 Meter Relay	Girls Boys
	1600 Meter Run 1600 Meter Run	Girls Boys
	400 Meter Relay 400 Meter Relay	Girls Boys
	400 Meter Dash 400 Meter Dash	Girls Boys
	300 Meter Low Hurdles 300 Meter Intermediate Hurdles	Girls Boys
	800 Meter Run 800 Meter Run	Girls Boys
	200 Meter Dash 200 Meter Dash	Girls Boys
	3200 Meter Run 3200 Meter Run	Girls Boys
	1600 Meter Relay 1600 Meter Relay	Girls Boys