



Lathrop MS Invitational

April 22, 2020



- Site: Lathrop High School Athletic Complex
- Entries: Entries will be on-line with MoMileSplit
- Coaches can manage their entries through Monday, April 19th until 5pm. [Online Entries](#)**
- Entry Deadline: **Scratches and changes will ONLY be allowed to be made until 9:00 am on Wednesday, April 21st**
- Entry Limit: You may enter 2 athletes per event and one relay per grade/school. A 7th grader may enter as an 8th grader but they must compete as an 8th grader throughout the entire meet. (Ex: They can't run on the 8th grade 4x100 Relay and then run the open 100 as a 7th grader, They would have to run as an 8th grader) 8th graders Can not run as a 7th grader.
- Entry Fee: \$75 per Team. \$150 for both boys and girls
- Scoring: Individual 10-8-6-5-4-3-2-1
- Equipment: ¼" Pyramid spikes should be used on running and jumping surfaces. The The shot and discus areas are concrete. Athletes with spikes in excess of ¼" will be disqualified from further competition.
- Awards: Top 3 in each event will receive medals- Plaques Team Winners
- Admission: Adults: \$4.00 Students (K-12): \$3.00
- Hospitality: A ticket will be issued to each coach for a drink, chips, hotdog/hamburger
- Buses: Please have your buses drop off the athletes and the complex entrance and park on the west side of the school near the sidewalk.
- Teams: Braymer, East Buchanan, Lawson, Lexington, North Platte, Penney Plattsburg, Polo, Trenton, Winston, West Platte, Northland Christian, Lathrop
- Workers: You may be asked to work an event. I will do my best to supply As many workers as I can.
- Coaches Meeting: There will be a coaches/scratch meeting at 3:45 in the Field House



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Questions: John Goodin Cell: 660-953-0842 john.goodin@lathropschools.com

Entry Questions: Rich Schilling Cell: 314-522-6176 rich@trxctiming.com

Starters: Andy Phipps Korey Miles

Lathrop MS Invitational Schedule of Events

Field Events: Finals

3/3

4:00PM

Ring 1 Discus:	(8B, 8G)
Ring 2 Discus:	(7B, 7G)
Circle 1 Shot:	(8G, 8B)
Circle 2 Shot:	(7G, 7B)
Pole Vault:	(All Together)
Long Jump:	(8B, 7B, 8G, 7G)
Triple Jump:	(8G, 7G, 8B, 7B)
High Jump:	(7B, 8B, 7G, 8G)

Track Events:

4:30PM

Rolling Schedule: 7G,8G,7B,8B

100M Hurdles-- Girls Followed by Boys

100M Dash-- Girls Followed by Boys

800M Relay-- Girls Followed by Boys

1600M Run-- Girls Followed by Boys

400M Relay-- Girls Followed by Boys

400M Dash-- Girls Followed by Boys

800M Run-- Girls Followed by Boys

200M Dash-- Girls Followed by Boys

1600M Relay-- Girls Followed by Boys