



**Lathrop Quad**  
03/25/2021



Site: Lathrop High School Athletic Complex

Entries: Entries will be on-line with [MoMileSplit](#)

Entry Deadline: Entries will be received until **noon on March 24th**

Entry Limit: Unlimited

Entry Fee: No Entry Fee

Scoring: Individual-6-4-3-2-1 Relays- 6-4-2

Equipment: ¼" Pyramid spikes should be used on running and jumping surfaces. The  
excess The shot and discus areas are concrete. Athletes with spikes in  
of ¼" will be disqualified from further competition.

Awards: No Awards or Medals Given

Admission: Adults: \$4.00 Students (K-12): \$3.00

Hospitality: A ticket will be issued to each coach for a drink, chips, hotdog/hamburger

Buses: Please have your buses drop off the athletes and the complex entrance  
and park on the west side of the school near the sidewalk.

Teams: Lawson, Plattsburg, Penney, Lathrop, Cameron

Workers: You may be asked to work an event. I will do my best to supply  
as many workers as I can.

Coaches Meeting: There will be a coaches/scratch meeting at 3:45 in the Field House

Questions: John Goodin Cell: 660-953-0842 [john.goodin@lathropschools.com](mailto:john.goodin@lathropschools.com)

Entry Questions: Rich Schilling Cell: 314-522-6176 [rich@trxctiming.com](mailto:rich@trxctiming.com)

Starter: Andy Phipps



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**Lathrop Quad Order of Events**

Field Events: Finals

4/4

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4:00PM

**Round 1**

Girls Discus  
Boys Shot  
Girls Pole Vault  
Girls Long Jump  
Boys Triple Jump  
Boys High Jump  
Boys Javelin

**Round 2**

Boys Discus  
Girls Shot  
Boys Pole Vault  
Boys Long Jump  
Girls Triple Jump  
Girls High Jump  
Girls Javelin

Track

Events:

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4:30PM

3200M Relay-- Girls Followed by Boys  
100M High Hurdles-- Girls  
110M High Hurdles-- Boys  
100M Dash-- Girls Followed by Boys  
800M Relay-- Girls Followed by Boys  
1600M Run-- Girls Followed by Boys  
400M Relay-- Girls Followed by Boys  
400M Dash-- Girls Followed by Boys  
300M Hurdles-- Girls Followed by Boys  
800M Run-- Girls Followed by Boys  
200M Dash-- Girls Followed by Boys  
3200M Run-- Girls Followed by Boys  
1600M Relay-- Girls Followed by Boys