

The 21st annual
Kirkwood Freshman
Boys' Track & Field
Invitational which will be
held on **Wednesday,
April 17, 2024.**

Entry Fee: Please mail
meet entry fee of
\$150.00 per team to
Kirkwood High School
Attn: Athletic Office 800
Dougherty Ferry
Kirkwood, MO 63122.
Payment or Purchase
Order must be received
by March 17th, 2024 to secure your entry in the meet.



- **Admission:** Please inform your parents that there will be a \$5.00 admission fee charged at the gate.
- **Entry Guidelines:** Unlimited entries and (1) relay team are allowed. Entries should be entered on mo.milesplit.com by the entry deadline posted. The scratch meeting will begin at 3:45 PM, which will allow the meet to begin by 4:15 PM.
- Registration will open Monday April 8th @ Midnight and close **Wednesday April 17th @ 9AM**
- Each school will need to provide one adult to assist with officiating. A work assignment will be sent to you prior to the meet entry deadline.
- All-weather track and runway surfaces. Kirkwood is proud to have two separate runways. One for TJ and one for LJ Spikes. Nothing longer than ¼ inch spikes are allowed on the track and anyone found wearing longer spikes will be disqualified.
- Shot and Discus and Javelin competition areas are behind the natatorium, which is behind the gymnasium at the corner of Chopin and Dougherty Ferry Drive..
- Javelin - We are pleased to announce we have a brand new 120 feet all-weather synthetic track surface runway. There is a grass area near the new javelin runway where warm ups will take place. Spikes are welcome.
- Pool Information for the SHOT-PUT and DISCUS competition. Each school may use their own throwing implement during warm-up, however, during competition a new pool will be established for each flight in the shot. Athletes are allowed to use their own discus for competition. Athletes are responsible for their implements. Please be sure your implements are marked prior to competition..
- Concessions will be available for the athletes and spectators.
- Trophies will be awarded to the first and second place teams overall. The top six athletes in each event will be awarded medals.
- There will be a \$5.00 entry fee. All athletes and coaches will not be charged. We will need a pass list for your coaches.

- TENT CITY-SPACE will not be provided OUTSIDE the stadium. If you do bring a tent, you are more than welcome to utilize the green space on the north end of the stadium or in the visiting bleachers-PLEASE do not set up tents on the grandstand side.
- Bus Drop Off: Please stop at the top of the hill on Chopin Drive(DO NOT PULL INTO THE SMALL PARKING LOT)-you can drop off of your athletes and they will enter the stadium at the top of the stairs-once athletes are dropped off-please continue NORTH-take a right on Dougherty Ferry Rd. and park in the large parking lot located off of Dougherty Ferry Rd.
- You will be able to find the Meet Program if you [Click Here](#)

Contact: If you have any questions, please feel free to contact **Roberta McWoods at cell (314) 313-8887 Or Contact [Paul Golian](#) at TRXC Timing**

Order of Events

Field Events

4:00 PM-6:00 PM Long Jump/Triple Jump cafeteria style
High Jump
Pole Vault

4:00 – 6:00 PM

Shot Put
Discus

5:15 PM

Javelin Warm ups & check in will begin for flight (1) at
5:00pm Warm ups will be 10 minutes prior to each
flight.

Running Events

4:15 PM

4x800m Relay
110m Hurdles (power seeded)
100m Dash (power seeded)
4x200m Relay
1600m Run
4x100m Relay
400m Dash
300m Hurdles
800m run
200m Dash (power seeded)
3200m Run
4x400m Relay