

Kirkwood High School Athletics  
**Corey Nessler, Athletic Director**  
**Brad Sutterer, Assistant Athletic Director**  
801 W. Essex Kirkwood, MO 63122  
(314) 213.6116 Fax (314) 213.6192

Dear Boys' & Girls' Track Coaches:

**You have been invited to the 45<sup>th</sup> Annual Kirkwood Dale Collier Invitational at Kirkwood High School On Saturday, April 29, 2023.**

**Entry Fee: Please mail the meet entry fee of \$200.00 per team (\$400 for both boys & girls teams) to Kirkwood High School Attn: Athletic Office 801 W. Essex Kirkwood 63122 by the meet entry deadline in order to secure your team 's entries in the meet.**

**Details:**

- ❖ **Entry Guidelines: Entries registered on [mo.milesplit.com](http://mo.milesplit.com) **NO LATE than April 28<sup>th</sup> at 9:00 AM****
- ❖ **Each team is to assist with officiating. You may sign up for your work assignment on the attached reply form, if you have not already done so.**
- ❖ **Each school will need to provide one adult to assist with officiating, please send me your assignment. We will also need assistance with Hurdles and Relay zones.**
- ❖ **Each school is allowed (2) entries per open event and 1 relay team per event.**
- ❖ **All-weather track and runway surfaces. Kirkwood is proud to have two separate runways one for TJ and one for LJ Spikes *no longer than 1/4 inch* are allowed on the track. Anyone found wearing longer spikes will be disqualified.**
- ❖ **Trophies will be awarded to the first and second place teams overall. The top six athletes in each event will be awarded medals.**

- ❖ **Bus Drop Off:** Please pull into the Parking lot located off of Essex Drive to drop off tents and equipment-then instruct all bus parking to take a right on Essex, Right on Chopin, Right on Dougherty Ferry and park in the large parking lot off of Dougherty Ferry Rd.
- ❖ Dale Collier commemorative t-shirts will be sold on site outside the stadium and pre-order (see pre-order information for your athletes) Choose from an array of colors and styles.
- ❖ **Admission:** Please inform your parents that there will be a \$5.00 admission fee charged at the gate.
- ❖ *Pool Information for the SHOT-PUT and DISCUS competition. Each school may use their own throwing implement during warm-up, however, during competition a new pool will be established for each flight in the shot. Athletes are allowed to use their own discus for competition; once they have been weighed in.*
- ❖ Concessions will be available for the athletes and spectators. A light lunch will be served to the coaches and officials.
- ❖ There will be a \$5.00 entry fee.
- ❖ [Click Here](#) to see heat and flight
- ❖ **TENT CITY:** Tents can be set up on the Northern most natural surface field east of the stadium-which is our lacrosse field

**Contact: If you have any questions, please feel free to contact Roberta McWoods at cell (314) 313-8887.**

**Dale Collier 45th Annual Track & Field Invitational  
April 29, 2023**

**8:30-9:00 Coaches Meeting**

**Morning Field Events**

Warm-ups 8:30-9:00

9:00	Girls Shot	(4 throws in Flights) 2+2 Flight No Final
9:00	Girls High Jump	(5 Active)
9:00	Boys Pole Vault	
9:00	Boys Discus	(4 throws in Flights) 2+2 Flight No Finals
9:00	Boys Triple Jump	(4 jumps/No Finals Cafeteria Style)
9:00	Girls Triple Jump	(4 jumps/No Finals Cafeteria Style)

**All morning Field events should be completed by 12:00 noon with exception of Javelin**

**11:00-1:00 Girl's Javelin (4 throws)**

**2:30--5:30 Boy's Javelin (4 throws)**

**Afternoon Field Events**

Warm-ups 12:00-12:30

12:30	Boys Shot	(4 throws in Flights) 2+2 Flight No Finals
	Boys High Jump	(5 Alive)
	Girls Pole Vault	
	Girls Discus	(4 throws in Flights) 2+2 Flight No Finals
	Girls Long Jump	(4 jumps/No Finals Cafeteria Style)
	Boys Long Jump	(4 jumps/No Finals Cafeteria Style)

**All afternoon Field events should be completed by 3:30 (excluding Javelin)**

**(Rolling Schedule) –Heats Against Time**

10:00

Girls 4x800m relay  
Boys 4x800m relay  
Girls 100m hurdles  
Boys 110 high hurdles  
Girls 100m dash  
Boys 100m dash  
Girls 4x200 relay  
Boys 4x200 relay  
Girls 1600m run  
Boys 1600m run  
Girls 4x100m relay  
Boys 4x100m relay  
Girls 400m dash  
Boys 400m run  
Girls 300m hurdles  
Boys 300m hurdles  
Girls 800m run  
Boys 800m run  
Girls 200m dash  
Boys 200m dash  
Girls 3200m run  
Boys 3200m run  
Girls 4x400m relay  
Boys 4x400m relay