



## 2021 Patriot/Trailblazer Cross Country Invitational



**Date:** The Capital City MS Cross Country Invitational will take place on Friday, October 8, 2021.

### **LOCATION/DIRECTIONS:**

Cole County Park  
1404 Fairgrounds Rd  
Jefferson City, MO 65103  
(38.564559/-92.273829)

**From the North:** Cross the Missouri River Bridge on US Hwy 63/54. Exit right onto US Hwy 50 West. Proceed approximately 5 miles on US Hwy 50 West and exit right onto Truman Blvd/South Country Club Dr. Turn left onto South Country Club Dr and proceed approximately 2 miles to the destination. Cole County Park will be on your left.

**From the South:** Proceed East/North on US Hwy 54 East. Take the US 50 West exit to the right. Proceed through the interchange and turn left onto US Hwy 50 West. Proceed approximately 5 miles on US Hwy 50 West and exit right onto Truman Blvd/South Country Club Dr. Turn left onto South Country Club Dr. and proceed approximately 2 miles to the destination. Cole County Park will be on your left.

**From the East:** Take US Hwy 50 West and exit right onto Truman Blvd/South Country Club Dr. Turn left onto South Country Club Dr. and proceed approximately 2 miles to the destination. Cole County Park will be on your left.

**From the West:** Take US Hwy 50 West and exit right onto Truman Blvd/South Country Club Dr. Turn right onto South Country Club Dr. and proceed approximately 2 miles to the destination. Cole County Park will be on your left.

### **TOURNAMENT FEE:**

\$75.00 per division entered. \$150.00 if entering boys and girls divisions. Please submit payment to Heather Hackman at Jefferson City High School, 609 Union Street, Jefferson City MO, 65101 or bring payment with you to the meet.

### **SCHEDULE:**

3:30 PM	Coach's Meeting
4:00 PM	MS DIVISION Girls Race
4:25 PM	MS DIVISION Boys Race
4:50 PM	<b>OPEN</b> DIVISION Girls / Boys Race (Non MSHSAA)
5:15 PM	Awards



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### ADMISSION COSTS:

No admission cost at the gate.

### LINE UP SUBMISSION:

Entries will be submitted on **MoMileSplit** this year.

[Online Entry Link](#)

Deadline for entries will be **October 7<sup>th</sup> at 9:00 am**

There are unlimited entries for this meet.

If you have any questions, please contact Brett Phillips [brett.phillips@jcschools.us](mailto:brett.phillips@jcschools.us) or

Magnus Holmstrom at [magnus.holmstrom@jcschools.us](mailto:magnus.holmstrom@jcschools.us)

### AWARDS:

Team Plaques Individual Medals	
1st & 2nd Place Teams	Top 20 finishers boys and girls
1st place individual	Awards will be presented at the end

### SCORING PROCEDURES:

1. TRXC Timing will be using Chip Timing.



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### **COACH'S PACKET:**

Coach's Packets will be picked at headquarters tent prior to meet. Each packet will contain:

- Information Sheet
- Course Maps
- Bib numbers/pins
- Timing chips
- List of Competitors and Numbers

### **RESULTS:**

Results will be available online on [trxctiming.com](http://trxctiming.com)

### **INVITATIONAL INFORMATION**

1. Capital Region will have trainers available. Please bring your own supplies with you for regular taping. Their supplies are for emergency/urgent use only.
2. Ice will be made available for any injury that may occur.
3. Water and ice will be provided for emergencies only.
4. Portable restroom facilities will be available on site.
5. Use of any tobacco products are expressly prohibited at any JCSD Athletic Event. The field areas, parking lots, and adjacent park areas are under the jurisdiction of the school for the duration of the tournament.
6. Consumption or possession of alcohol is expressly prohibited at any JCSD Athletic Event. The field areas, parking lots, and adjacent park areas are under the jurisdiction of the school for the duration of the tournament.
7. Fans determined to be under the influence of alcohol or drugs by JCSD personnel may be asked to leave the venue or be removed.
8. Delays for weather related issues and schedule adjustments will be determined by the official starter, meet manager, and athletic administrator.



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### COVID-19 MODIFICATIONS:

- Teams should be spread out as much as possible in the tent area.
- Spectators are encouraged to wear masks and follow social distancing guidelines.
- Athletes have to move through the finish area as soon as they finish the race.
- Emergency water will be provided but each team is encouraged to bring their own water.

### 2021 RACE ATTENDEES:

Black Hawk  
Gentry  
Jefferson  
John Warner  
Lange  
Lewis & Clark  
New Bloomfield  
Oakland  
Osage  
Smithton  
Thomas Jefferson  
Warrensburg  
West

Box Assignments:    [Click Here](#)

Rosters:            [Girls](#)            [Boys](#)



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## 3200m COURSE MAP

