



## 34th STADELMAN RELAYS

**Participating Schools:** Belle Valley, Central Jr High, Freeburg, Grant, High Mount, Joseph Arthur, Madison, Millstadt, Pontiac, Shiloh, Signal Hill, West Jr High, Whiteside, Wolf Branch, Zion Lutheran

**Date:** Tuesday, April 21st, 2026

**Location:** Belleville West High School (4063 Frank Scott Parkway, Belleville, IL 62223)

**Scratch Meeting:** 9:30 AM (*Scratches ONLY*)

**Field Events start:** 10:00 AM

**Starter:** Dave Zahn

**Games Committee Members:** Dave Zahn (Starter), Tim Baum (Belleville Central), Jake Holtkamp (Joe Arthur), Jim Ledebuhr (Zion Luthern)

### Meet Information:

**Entries:** Will take place on [Athletic.net \(Online Link\)](#). **Entry deadline will be NO LATER than Monday, April 20th at 9:00AM CST. No late entries after this point, only scratches!** Entry questions? Reach out to Paul Golian - [paul@trxctiming.com](mailto:paul@trxctiming.com)

**Entry Limits-** 3 per field events, 1 per relay, each contestant may compete in up to **4 events**.

**Check** should be made out to **Central Jr High** for **\$\$\$** to cover the cost of the starter for each meet

[MSHSAA Athletic.net Helpsheet](#)

**Heat/Flight Sheets:** [Click here](#)

**Timing:** F.A.T. & live results provided by TRXC Timing | [liveresults.trxctiming.com](http://liveresults.trxctiming.com)

Make sure athletes check in with all field event coaches if they are participating in multiple field events  
Participants must wear school-issued shirts of the same color

In shot put, discus, and long jump, all athletes will receive **two** attempts

Hurdle Height is 30 inches

Shot put is 8 lbs for girls and boys

Discus is 1 kg for girls and boys

High Jump will start at 3'10" for girls and 4'4" for boys, raised in 2" increments

### Parking:

Buses can drop off at the track. If your bus is staying, please have it park in the main lot next to the track

Teams can set up in the bleachers or anywhere outside the fence.

Remind students to stay outside the fence when not competing

### Scoring:

**Running Events-** 10 – 8 – 6 – 5 - 4 - 3 - 2 - 1.

**Field Events-** scored in a relay format. The sum of the 3 individual team members' best trials will be the distance for their school in each field event.

**Awards:** Ribbons will be awarded for individual event places (1<sup>st</sup> – 5<sup>th</sup>). Team trophies will be awarded to 1<sup>st</sup> & 2nd

