South 7 Conference Cross Country Meet

When: Thursday, October 15th

Time: Coaches Meeting 3:00 pm
Girls Race 4:00 pm
Boys Race 4:40 pm

Where: SIUC Cross Country Course | Click here for a course map

Parking: Big parking lot next to the track and field complex. Use the access road located behind the baseball field to walk into the course near the finish line

Entries/Timing: AthleticNET (Click Here)

- **Entries are due by Tuesday, Oct 13th 2026 @ 9:00 AM**
- Make sure to you add the athlete's year in school when registering
- Enter all athletes on your roster when registering
- When arriving you will need to designate your Varsity runners in each race as well as JV runners. No seniors will need to be declared unless they are varsity runners since they are not included in the JV race results.

Entry questions? Reach out to Paul Golian - paul@trxctiming.com

Packet Pickup: Located near the finish line

Chip Collection: Coaches will return all chips at the conclusion of the meet to the designated table in an envelope provided in the packet. Chips should strung/rubber banded in numerical order. Any lost or damaged chip will result in a $40 PER CHIP.

Important Links: Box Assignments | Roster (Boys) | Roster (Girls) | Live Results (TRXC)

Awards: Varsity Medals for 1-10
JV Boys and Girls ribbons for 1-10
1st place Trophy for Boys and Girls Champions

*** Course Maps will be available the day of the meet**

If you have any questions, please call the Athletic Office at 618-457-3371, ext. 239

Carbondale High School
Athletic Director: Tim Gould / Cell # 217-556-2353

TRXC Timing