

JACKSONVILLE INVITATIONAL

4:00 pm Friday, March 14th, 2025

- Venue:** Illinois College Bruner Fitness Center
1121 Edgehill Rd, Jacksonville, IL 62650
- Meet Entry:** Entries will open Monday, March 3rd, 2025 at Midnight. **Entries are due Thursday, March 13th 2025 @ 9:00 a.m.** You must submit entries using [Athletic.net](https://athletic.net).
No other form of entries will be accepted. If a school has not been “invited” online, please email Philip Johnson at pjohnson@jsd117.org or at our track email of jhsgirlstrack@jsd117.org and we will get that sorted out. Any questions regarding entries only please reach out to Paul Golian via email paul@trxctiming.com
- FAT Timing:** TRXC Timing
- Heat/Flight Sheets:** [Click here for heat/flight sheets](#)
- Officials:** Brad Smith (88340), Ryan Whelan (83900), and Dave Stier (33966)
- Payment:** Entry Fees should be paid prior to the meet. Payment should be made out to “JHS Athletics” and mailed to the JHS Athletic Office at:
Jacksonville High School; Att: Ryan Van Aken; 1211 N. Diamond Street; Jacksonville, IL 62650
*Fees are \$250 for B/G teams, \$125 for only B or G, and teams less than 5 individuals are \$30/athlete. You may email rvanaken@jsd117.org with questions.
- Entry Limits:** Running Events: 2 individuals per event
Field Events: 2 individuals per event
Relays: 1 relay per team
- Coaches Meeting:** There is a mandatory coaches meeting at the finish-line corner of the track at **3:15 PM**. Scratches in running events will need to be done at this meeting so we can rearrange heats that may become too small; no substitutions are allowed on the day of the meet. Scratches for the field events can be done at the event itself.
- Packet Pick-up:** Packet pick-up when you arrive will occur at the Athlete Check-In Table located on the inside of the track near the finish line.
- Team Camps:** Team camps will be located in the basketball gym directly next to the indoor track. ATHLETES ARE ABSOLUTELY NOT ALLOWED TO WEAR SPIKES IN THIS AREA!!! Teams are expected to keep their camps clean and free of trash during and after the competition. Teams are not allowed to camp in the temporary stands on the inside of the track, on the ground concourse, or on the second level; these are intended to be used by spectators.
- Medical Trainer:** There will be an athletic trainer on site for athletes to see for any injuries. I am not sure when they will be available so any pre-meet attention should be taken care of by your teams and coaching staff.
- Event Seeding:** For the 200/400/4x200/4x400 runners will be seeded from fastest to slowest in lanes 5-6-4-3-2-1. Runners will be seeded 4-5-3-6-2-7-1-8 for the 60/60H. The 800/1600/3200/4x800 will be race from the slower heats to the faster heats with a 1 turn stagger.
- Scoring:** For team rankings we will score 8 places (10-8-6-5-4-3-2-1), and athlete awards will go to 1st through 6th places in the individual events and 1st through 6th in the relays. We will also have first place team trophies this year.
- Starting Blocks:** Starting Blocks will be provided by Illinois College for athletes who choose to use them. Schools are welcome to bring their own blocks if their runners are more comfortable using them. *YOUR BLOCKS ARE YOUR RESPONSIBILITY!* We will have volunteer athletes and students who will hold and remove blocks, please do not send extra athletes to the starting line. Only competitors who are racing will be allowed on the track. Thank you! Athletes must wear ¼ pyramid spikes ONLY.

- Running Event Check-in:** Athletes will be required to report to the Check-In Table on the inside of the track near the North end (also near the finish line are). This must be done at least 20 minutes prior to the start of their running event. We will then stage heats on the interior curve of the track so that runners can be organized into their lane assignments and then walk directly onto the track to get ready and race. There will be several meet workers in this zone to properly clear athletes before they enter the track from the staging area. No one other than the designated runners will be allowed into the staging area! No one other than athletes actively competing in running events are allowed to cross the finish area during the meet! Runners who have finished their race will be guided away from the competition area of the track, where they can recover before returning to their team camp.
- Warming Up:** Athletes may use the outdoors track to warm up prior to their race-time, otherwise athletes warming up should stay clear of any competition areas. There is NO WARMING UP in the basketball gym area!
- Event Help:** We may ask visiting programs and coaches to help with various jobs to keep the meet running smoothly. I am not sure what spots will still need to be filled during the meet, but it could be anything from setting up a lane of hurdles, to helping clear starting blocks off the track after a race starts, to potentially helping with a field event. We are doing our best to find quality help from our district and surrounding community, but there are so many small tasks that come with running a meet, if you see we could use some help, please don't hesitate to volunteer!
- Opening Heights:** **HJ, PV:** Opening heights will be briefly discussed at the coaches meeting, but our tentative plan is to open at a height that would move up to finishing heights that break outdoor state qualifying to help athletes get an early competition against those standards.
Boy's High Jump (Qualifying 1.87m or 6'1.5"): Opening Height at 1.53m or roughly 5' Up by 5cm
Girl's High Jump (Qualifying 1.54m or 5'0.5"): Opening Height at 1.25m or roughly 4'1" Up by 5cm
Boy's Pole Vault (Qualifying 3.88m or 12'9"): Opening Height at 2.70m or roughly 8'10" Up by 15cm
Girl's Pole Vault (Qualifying 2.97m or 9'9"): Opening Height at 1.95m or roughly 6'5" Up by 15cm
- Parking:** Team busses should park in the maintenance parking lot across the street from the outdoor track.
Parent and spectator parking will be along any of the side roads not with a painted yellow curb, or if you can find a spot in an open parking lot that does not have a "color pass" restriction. Edgehill, Lincoln Avenue, Park, Baldwin, and Turner are all decent streets to check for roadside parking. Spectators will enter the Bruner Center at the front gate.
- Cost for entry:** Adults and Students – \$5.00, Children 10 & under – Free.
- Concessions and Food:** Concessions will be available to purchase at the meet. We will offer a variety of dinner choices as well as various snacks and drinks. Jacksonville also has a wide variety of dine-in and fast food options for families leaving the meet early or teams needing to stop before driving back home. Many restaurants are located along Morton Ave. which is only 2 blocks from the Bruner Fitness Center.
- Spirit Wear:** First to the Finish will offer official meet t-shirts, sweatshirts, apparel, shoes, and equipment at the meet. They will be set up in the upper floor as you enter the Bruner Center.
- Hospitality Room:** We will offer a hospitality room for coaches, officials, and event staff. There will be no spectators or athletes permitted in this space! The location for the hospitality room has yet to be decided, but we will inform everyone either in a future email or at our Friday coaches meeting.
- Results:** Complete results will be made available to coaches following the meet either through athletic.net. Live results will be posted online through [TRXC Timing](#) for spectators and athletes to view for the duration of the meet.
- Weigh Ins:** Weigh in for shot put will be from 3:00pm to 3:45pm at the SHOT PUT RING, we will mark each qualifying implement, if your shot does not weigh in properly you will need to arrange to share a shot with another school.
- Horizontal Jumps:** Long Jump will start at 4:00pm and will be an open 60-minute cafeteria style with 4 jumps per athlete and no finals. Boys will jump first, afterwards, girls will have 30 minutes of warmup time with the competition starting at 5:30pm and the same 60 minutes for open cafeteria style. Triple Jump will be 60-minute open cafeteria with 4 jumps and no finals. Boys will jump first this year, followed by the girls. Each year we will alternate the starting gender. Athletes need to be ready to be aware of the competition window and communicate with event staff.
- Meet Questions:** Philip Johnson at pjohnson@jsd117.org or jhsgirlstrack@jsd117.org
- Entry Questions:** Paul Golian – TRXC Timing – paul@trxctiming.com

Time Schedule

Field Events

4:00 pm	Boys	Long Jump – (60 Minute Cafeteria)
	Girls	High Jump
	Boys	Seated Shot Put, followed by Shot Put – (2 Flights)
	Girls	Pole Vault
5:30 pm	Girls	Long Jump – (60 Minute Cafeteria)
(TBD)	Boys	High Jump
(TBD)	Girls	Shot Put – (2 Flights)
(TBD)	Boys	Pole Vault
7:00 pm	Boys	Triple Jump – (60 Minute Cafeteria)
8:30 pm	Girls	Triple Jump – (60 Minute Cafeteria)

Running Events – Girls Run 1st except where indicated – Heats are Slow to Fast

4:00 pm	Girls	3200 Meter Run
	Boys	3200 Meter Run
	Boys	60 Meter Hurdles – Top 8 Advance on Time
	Girls	60 Meter Hurdles – Top 8 Advance on Time
	Boys	60 Meter Dash – Top 8 Advance on Time
	Girls	60 Meter Dash – Top 8 Advance on Time
	Girls	4 x 800 Relay
	Boys	4 x 800 Relay
	Girls	4 x 200 Relay
	Boys	4 x 200 Relay
	Girls	800 Meter Run
	Boys	800 Meter Run
	Girls	60 Meter Hurdle – Final
	Boys	60 Meter Hurdle – Final
	Girls	60 Meter Dash – Final
	Boys	60 Meter Dash – Final
	Girls	400 Meter Dash
	Boys	400 Meter Dash
	Girls	1600 Meter Run
	Boys	1600 Meter Run
	Girls	200 Meter Dash
	Boys	200 Meter Dash
	Girls	4 x 400 Meter Relay
	Boys	4 x 400 Meter Relay