



Salem Community High School IHSA  
2A Girls Track & Field Sectional  
Thursday, May 9, 2024



**SUBJECT:** IHSA Girls 2A Track & Field Sectional

**LOCATION:** Salem Community High School 1200 N. Broadway, Salem, IL

**TEAMS:**

**SEED ZOOM MEETING:** Monday May 10, 2024, 5:00 pm

**ENTRIES:** [Athletic.net](https://athletic.net)

**COACHES MEETING:** 2:00 pm SCHS Small Gym: enter through doors 12 & 13.

**ADMISSION:** Digital Tickets - \$7.00 [www.GoFan.com](https://www.GoFan.com) or Cash Tickets at the door \$8

**SCORING:** 10, 8, 6, 4, 2, 1 (Individual & Relay)

**AWARDS:** Medals to the top 6 in each event. The team champion wins an IHSA Plaque. Awards can be picked up in the press box at the conclusion of the meet.

**TIMING & LIVE RESULTS:** [TRXC Timing](https://trxc.com)

**Heat/Flight:** [Click Here](#) to see heat and flight sheets

**STARTING TIME:** Field Events start at 3:00, Running Events start at 5:00.

**CONCESSIONS:** Concessions will be available.

**ATHLETIC TRAINER:** Jason Jette

**OFFICIALS:**

**FACILITY:** Eight lane, 400-meter all-weather track. All throwing surfaces are of concrete substance. All runways are Seal-Flex surface. Restrooms are available at the track. NO shower facilities will be available. Salem Community High School will assume no responsibility for lost or stolen items.

**STARTING BLOCKS:** Starting blocks will be provided. Feel free to bring your own.

**TENTS/CAMPS:** Tents/camps may be placed outside of the track, on the practice field to the east or in the visitor's bleachers only. Please help keep athletes OFF the football field.

**ATHLETE CHECK-IN:** Blue tent at the southeast corner of the track.

**BUS PARKING:** See attached bus information sheet.

## Sectional shirts:

This is an order link to the IHSA Boys Salem 2A Sectionals  
Guarantee your size/color of garment by ordering today!

*LIMITED PRINTS AVAILABLE!*

**Choose FREE SHIPPING through midnight Monday, May 8th & have your order bagged and ready for pick up at the shirt vendor booth on Thursday, May 18th.**

Click here----->>>[SALEM](#)

Here is a link to copy and paste.

<https://specialtyartanddesign.com/product/2a-salem-sectionals-ihsa-boys-track-field/>

**GAMES COMMITTEE:** Salem, Mt. Vernon, Freeburg, Carterville

### FIELD EVENT ASSIGNMENTS:

LONG JUMP - Salem

TRIPLE JUMP - Salem

HIGH JUMP - Salem

POLE VAULT - Salem

SHOT PUT - Salem

DISCUS - Salem

### EXCHANGE JUDGES:

4X100 **(Yellow Exchange Zones)**

1<sup>st</sup> Exchange: Waterloo & Benton

2<sup>nd</sup> Exchange: Murphysboro & Mt. Vernon

3<sup>rd</sup> Exchange: Carbondale & Carterville

4X200 **(1<sup>st</sup> and 2<sup>nd</sup> Exchange are black)** **(3<sup>rd</sup> Exchange is yellow)**

1<sup>st</sup> & 3<sup>rd</sup> Exchange: Metropolis & Centralia

2<sup>nd</sup> Exchange: Marion & Freeburg

Cut Line: Mascoutah & Columbia

## SCHS IHSA 2A Boys Track & Field Meet Schedule

**IHSA Qualifying Marks are in BLUE & ORANGE**

2:00 Scratches can be made

2:00 Implement & Pole Vault Weigh-in – shed at the northeast corner of the track.

2:00 Coaches Meeting in Auxiliary Gym

3:00 Long Jump Prelim & 3 final ju3.96m Shotria 75 minute; Top 9 to finals **6.50m**

3:00 High Jump Best Flight First- Opening Height TBD **1.85m** Pole Vault Best Flight First – Opening Height TBD **3.96m** Shot Put 3 and 3 with finals; top 9 to final; Best Flight Last **14.80m** Discus 3 and 3 with finals; top 9 to final; Best Flight First **43.94m** Triple Jump following LJ 3 prelim; 3 final jumps; Top 9 to final **12.95m** Cafeteria 75 minutes

4:45 3200m Slow Heat (if necessary)

5:00 4X800m Relay (Alleys) **8:20.63**

5:25 4X100m Relay (Yellow Exchange Zone) **43.66**

5:40 3200m Run (Waterfall) **10:01.23**

6:00 110HH **:15.54**

6:15 100m Dash **:11.13**

6:30 800m Run (Alleys) **2:01.83**

6:45 4X200m Relay (1<sup>st</sup> and 2<sup>nd</sup> Exchange are black) (3<sup>rd</sup> Exchange is yellow) **1:31.98**

7:05 400m Dash **:51.13**

7:20 300IH **:41.22**

7:40 1600m Run (Waterfall) **4:35.35**

8:00 200m Dash **:22.59**

8:15 4X400m Relay **3:31.31**

### Contact Information

Kevin Greene [greenek@salehigh.com](mailto:greenek@salehigh.com) Cell # (618) 918-1065

Brad Hargis [hargisb@salehigh.com](mailto:hargisb@salehigh.com)

Sherry Hargis [hargiss@salehigh.com](mailto:hargiss@salehigh.com)