

**FCHS Wiseman/Henning Invitational**  
**Freeburg Community High School**  
**Monday, April 8, 2024**

- LOCATION:** Freeburg Community High School, 401 South Monroe, Freeburg, IL
- ENTRY FEE:** \$250 for one team, \$450 if you are bringing both boys and girls
- ADMISSION:** \$3.00 per person
- SCORING:** **Individual Events:** 10-8-6-4-2-1 **Relay Events:** 10-8-6-4-2-1
- AWARDS:** Medals to 1st - 3rd places; Plaques to winning teams
- SCRATCH MEETING:** 1:30 p.m. in the press box. Sportsmanship will be discussed.
- ENTRIES:** Entries can be completed at [Athletic.Net](#)  
Entries are due NO LATER than **April 8<sup>th</sup> by 9:00 AM**
- TIMING AND LIVE RESULTS:** F.A.T. provided by [TRXC Timing](#)  
Live Results for the meet will be found at [TRXC Timing](#)
- CONCESSIONS:** A concession stand will be open.
- TRAINER:** Corbin Lee
- FACILITY:** 8-Lane All-Weather Rubber Track; ¼ inch spikes are allowed.
- THROWING IMPLEMENTS:** Will be weighed behind the concession stand from 1:30 pm.
- HEAT/FLIGHT:** [Click Here](#) to see heat and flight sheets
- POLE VAULTERS:** Will weigh in and their poles will be checked and marked at the pole vault pit from 1:30 pm.
- STARTING BLOCKS:** Blocks WILL BE provided.

**TEAM CAMPS:** Camps will be located behind the athletic stands. NO ATHLETES ARE ALLOWED ON THE INFIELD; HOWEVER, COACHES WILL BE ALLOWED ON THE INFIELD.

**BUS PARKING:** Please park on Tank Road to the West of the field.

**FIELD EVENT &  
EXCHANGE  
ASSIGNMENTS:**

Freeburg will try to cover all assignments; We may ask teams to provide a coach/assistance at field events and to cover exchanges.

**ATHLETE  
CHECK-IN:**

Athletes running in events should report to the staging area at least 15 minutes prior to their event and pick up their hip and shoulder numbers. The staging area will be at the South end of the track just outside the fence. Athletes in field events should check-in at their respective event at least 15 minutes prior to the scheduled start time. Listen to the PA for calls. Running events take precedence over field events. Make sure your athlete is back to the field event to compete after their running event at the specified time.

**GENERAL INFORMATION**

- All throwing surfaces are of concrete substance.
- Jumping runways are the same all-weather surface as the track.
- Restrooms are available near the concession stand.
- Freeburg High School will assume no responsibility for any lost or stolen items.
- Awards can be picked up in the press box at the conclusion of the meet.

**Meet Directors:**

Darren Pierce  
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[pierced@fchs77.org](mailto:pierced@fchs77.org)

Brian Unger  
[ungerb@fchs77.org](mailto:ungerb@fchs77.org)

**Entry Questions:** [Paul Golian](#) – TRXC Timing – 314-522-6176

## ORDER OF EVENTS/TIME SCHEDULE

- 3:00           Scratches can be made/Coaches Meeting in the Press Box
- 3:30           Girls Shot Put  
Boys Discus  
Girls Pole Vault  
Boys High Jump  
Girls Long Jump (4 Jumps Cafeteria Style)  
Boys Triple Jump (4 Jumps Cafeteria Style)
- 4:15           Boys Shot Put  
Girls Discus  
Boys Pole Vault  
Girls High Jump  
Boys Long Jump (4 Jumps Cafeteria Style)  
Girls Triple Jump (4 Jumps Cafeteria Style)
- 5:00           Order of the Running Events (Girls followed by Boys)  
4x800 M Relay JV  
4x800 M Relay  
4x100 M Relay  
3200 M Run  
100M HH  
110M HH  
100 M Dash  
800 M Run  
4x200 M Relay  
400 M Dash  
300M IH  
1600 M Run  
200 M Dash  
4x400 M Relay Fresh/Soph  
4x400 M Relay

**Freeburg Community High School  
All Weather Track  
Event Markings**

**100m Dash-** Start and Finish are marked.

**200m Dash-** Start on White

**400m Dash-** Start on Yellow

**800m Run-** Start on White in alleys

**1600m Run-** Start on White in alleys

**3200m Run-** Start on White in alleys

**100m High Hurdles-** Start and Finish are marked. Hurdles are placed on Green hashes.

**300m Intermediate Hurdles-** Start on White; Hurdles are placed on White hashes.

**4x100 Relay-** Start on Yellow - all exchanges Yellow to Yellow

**4x200 Relay-** Start on Green (1st Green to Green, 2nd Green to Green, 3rd Yellow to Yellow)

**4x400m Relay-** Start on Blue- (1st runner in lane the whole way; 1st exchange 2nd runner - runner cuts at green dotted line at the 300m mark; 2nd and 3rd exchange at common exchange between blue triangles)

**4x800 Relay-** 1st runner cuts at green dotted line at the 300m mark  
1st, 2nd, and 3rd exchanges are at common exchange between blue triangles

## Girls FCHS Track and Field Invitational Meet Records

SHOT PUT	NIKITA MAINES	CENTRALIA	42'2"	2018
DISCUS	SYDENY APGAR	CARBONDALE	136'8"	2019
HIGH JUMP	LAILA GRAHAM	BELLEVILLE EAST	5'4"	2019
LONG JUMP	ABBY VENHAUS	COLUMBIA	5.40m	2023
POLE VAULT	ELLA SIEBENBERGER	FREEBURG	11'3"	2019
TRIPLE JUMP	CHARDE GOLLIDAY	MT. VERNON	37'11"	2016
4 X 800M RELAY		FREEBURG	9:49.12	2017
4 X 100M RELAY		BELLEVILLE EAST	49.02	2023
3200M RUN	HANNAH STUART	EDWARDSVILLE	11:48.14	2019
100M HURDLES	MACEE RIVERS	BELLEVILLE WEST	15.01	2019
100M DASH	DEANDRANAY CHISM	BELLEVILLE EAST	12.34	2023
800M RUN	SELEIYA WILSON	BELLEVILLE EAST	2:24.42	2017
4 X 200M RELAY		BELLEVILLE WEST	1:43.01	2019
400M DASH	NARIAH PARKS	ALTHOFF	58.56	2019
300M HURDLES	ESSENCE WINTERS	BELLEVILLE EAST	46.50	2019
1600M RUN	JENNA SCHWARTZ	WATERLOO	5:06.52	2018
200M DASH	DEANDRANAY CHISM	BELLEVILLE EAST	25.35	2023
4 X 400M RELAY		BELLEVILLE EAST	4:05.76	2018

## **Girls FCHS Track and Field Invitational Past Winners**

**2016**

Mount Vernon Township High School

**2017**

Freeburg Community High School

**2018**

Belleville East High School

**2019**

Belleville East High School

**2020**

COVID Year

**2021**

No Invitational

**2022**

Rain Out

**2023**

Belleville East High School

## Boys FCHS Track and Field Invitational Meet Records

SHOT PUT	TYLER REDEKER	CHESTER	47'5"	2016
DISCUS	ASHTON NOBLE	ROXANA	44.93m	2023
HIGH JUMP	MATT PLUFF	FREEBURG	2.06m	2023
LONG JUMP	JAILON RUSH	MT. VERNON	21'2 ¼"	2016
POLE VAULT	IAN ALBERTS	FREEBURG	13'3"	2017
TRIPLE JUMP	JEROME WILLIAM	BELLEVILLE EAST	42'1"	2017
4 X 800M RELAY		FREEBURG	8:31.15	2016
4 X 100M RELAY		BELLEVILLE EAST	43.5	2016
3200M RUN	HAGAN SCHNEIDER	MT. VERNON	10:15.82	2016
110M HURDLES	CHRISTIAN KRONK	COLUMBIA	15.29	2023
100M DASH	BRANDON TRUSS	BELLEVILLE EAST	11.08	2016
800M RUN	DREW WILKERSON	FREEBURG	1:57.73	2017
4 X 200M RELAY		COLUMBIA	1:32.87	2018
400M DASH	COLLIN THOMAS	BREESE CENTRAL	50.57	2017
300M HURDLES	QUANTAVIUS ALEXANDER	BELLEVILLE EAST	40.23	2017
1600M RUN	CHARLIE PARRISH	FREEBURG	4:29.23	2018
200M DASH	MARIVON BRADY	BELLEVILLE EAST	22.8	2017
4 X 400M RELAY		FREEBURG	3:28.71	2017

## **Boys FCHS Track and Field Invitational Past Winners**

**2016**

Belleville East High School

**2017**

Freeburg Community High School

**2018**

Freeburg Community High School

**2019**

Mascoutah High School

**2020**

COVID Year

**2021**

No Invitational

**2022**

Mascoutah High School

**2023**

Freeburg Community High School