

ALTON BOYS FRESH-SOPH INVITATIONAL

Sponsored by RunWell

Tuesday April 9th, 2023 4:00 p.m.

Location: Alton Sports Complex located behind Alton High School 4200 Humbert Rd. Alton, IL 62002.

Teams: Alton, Alton Marquette, Belleville East, Belleville West, Cahokia, East St. Louis, Granite City, Hazelwood West, McCluer North

Entry Fee: \$225 Make checks out to: **Alton School District #11**

Entries: Tuesday April 9th at 9:00AM Will be on athletic.net

Admission: \$5 Adults, \$4 Senior Citizens, \$3 Students

Awards: Team Award for 1st place. Medals for 1st-4th place.

Scoring: 10-8-6-4-2-1

Coaches Meeting: 3:45 at finish line

Team Entries: TRXC will provide Fully Automatic Timing.

General: Alton Athletic Association will have concessions.

Announcer: Richard Baird

Work Assignments: Alton will provide workers. Relays exchange judges will be assigned the day of the meet. Send any other questions to AHS Head Boys Track Coach, Jeff White,

jwhite@altonschools.org

Meet Program: [Heat/Flight](#)

ORDER OF EVENTS

<u>Field Events @ 4:00 pm</u>	<u>Track Events @ 4:30 p.m. Rolling schedule.</u>
Long Jump -Alton	4x800
High Jump -Granite City	4x100
Shot put-Alton	3200
	110 HH
Triple Jump (5:00) -Alton	100
Discus (5:00) -Alton	800
	4x200
<i>There will be no pole vault.</i>	400
	300m IH
	1600
	200
	4x400

Alton Boys Fresh-Soph Invitational Records

(hand timed, rounded to .10) a=FAT (actual time)

100m	10.75a	Buchanon	ESTL	2022
200m	21.76a	Buchanon	ESTL	2022
400m	50.77a	Pennington	Cahokia	2023
800m	1:59.2	O'Keefe	Granite City	2017
1600m	4:32.0	Jones	Belleville East	2019
3200m	10:24.22a	Gallivan	Alton	2023
110mHH	15.6	Harris	Cahokia	2017
300m Hurdles	41.10	Harris	Cahokia	2017
4x100 Relay	43.0		ESTL	2017
4x200 Relay	1:31.1		ESTL	2017
4x400 Relay	3:27.8 3:27.8	<i>*note: ESTL was first place in 3:27.73 and Cahokia was 2nd in 3:27.78</i>	ESTL Cahokia	2017
4x800 Relay	8:33.0		Belleville West	2019
Long Jump	23'0"	Rice	ESTL	2017
Triple Jump	44'1"	Ward	Cahokia	2017
High Jump	1.85m (6'0.5")	Powell	ESTL	2018
Pole Vault	13'0"	Paul	Belleville East	2018
Shot Put	47'1"	Brooks	Edwardsville	2017
Discus	149'6"	Brooks	Edwardsville	2017

Team Champions:

2017: East St. Louis (1st, 126 pts.), Edwardsville (2nd), Cahokia (3rd), Alton (4th)

2018: Edwardsville (1st, 137 pts.), Cahokia (2nd), East St. Louis (3rd), Alton (5th)

2019: Edwardsville (1st, 112 pts.), Belleville East (3rd), East St. Louis (3rd), Alton (5th)

2022: East St. Louis (1st, 203 pts), Granite City (2nd), Alton (3rd)

2023: East St. Louis (1st, 130 pts), Belleville East (2nd), Alton (3rd)