



## SOUTHERN ILLINOIS UNIVERSITY Don DeNoon Classic

Thursday, January 22 and Friday, January 23, 2026

**Site:** Southern Illinois University-Carbondale Student Recreation Center  
300 East Grave Ave; Carbondale, IL 62901

**Divisions:** This meet is open to invited teams and individuals only. **For approved entry into the meet, please contact Meet Director [Angelina Ramos](#)**

**Entries:** Entries are due no later than Wednesday 1/21/26 at 12 noon –  
[Direct Athletics](#) – Open Events  
[Direct Athletics](#) – Hep and Pen Marks

**No High School Athletes are allowed, Open to Collegiate and older athletes only.**

**Scratches/Changes:** Final scratches and changes are due by Thursday 1/22/26 at **9 am** – **Revised**  
[Direct Athletics](#) – Open Events plus Multi's  
[Direct Athletics](#) – Hep and Pen Marks

**Performance List:** [Open Events](#)      [Multi Events](#)

**Entry Fees:** **Teams** - \$400.00 per gender or \$800 per school (men's & women's combined). **Entry fees must be paid online.**  
**Unattached** - \$40.00 per person/max of 2 events. **Entry fees must be paid online.**  
**Multi's** - \$50.00 per athlete. **Must be paid online under Hep and Pen entry link.**

**Time Schedule:** [Time Schedule](#) – **Revised January 21<sup>st</sup>, 2026**

**Heat Sheets:** [Thursday](#)      [Friday](#)      [Multi's](#)

**Live Results:** [Live Results](#)

**Parking:** Parking for cars/vans will be in Lot 94 and bus parking will be in Lot 106. (See attached map)

**Team Camps:** Team camps have been designated on bleachers. A sign with your school name designates your area. Space is tight, so please share accordingly. A trash bag will be provided to you in your packet for help in keeping our facility clean. Please pick up trash in your team camp area. It is much appreciated!

- Team drop off:** Athletes maybe dropped off at the back entrance of the Student Rec Center located on the North side of the building off of Marion Street. Athletes must enter through the main doors of the student Rec Center.
- Event Check-in:** **Running Event** – Will be at the hip number table approximately 30 minutes before the scheduled start of the event. **Athletes MUST bring spikes to check-in table**
- Field Event** - Will be at the event site 30 minutes before the scheduled start of the event. All athletes, regardless of what flight you are in must check in prior to the start of the 1<sup>st</sup> flight or you will be scratched. **Spikes will be checked at field event site prior to start of competition.**
- Implement Weigh-in** will take place next to the throwing area 60 minutes before the start of the event. Weigh-in will remain open, but you cannot weigh-in once your event has begun.
- Athletes not checked in by the designated time will be scratched, please alert your athletes.***
- Rules:** NCAA Rules will apply. This includes hurdle height and throwing implements. Field events will contest a 3 attempts preliminary with top 9 collegiates advancing to a 3 attempts final.
- Facility:** MONDO Super X 720 / 200m 6 lane oval and 60m 6 lane straight / Throw rings are wood. ¼” Pyramids ONLY – No other spikes will be permitted – Spikes will be checked! Participation will not be permitted if the correct spikes are not in competitive shoes.
- Warm-up:** Athletes may warm-up on the upstairs track or outside. NO general warm-ups on the lower track once the meet has started.
- Infield/Courts:** This area will be designated for coaching boxes, NO student-athletes allowed on the basketball courts.
- Prelims/Finals:** **60m dash and the 60m hurdles** - We will advance the top 8 athletes on time to a 2-section final.
- All other running events will be timed finals. Seeded slow to fast.
- Long jump, triple jump, shot put, and weight throw** - Top 9 collegians + qualifying unattached individuals advance to finals. Unattached finalists will not displace the top 9 collegiate from the finals
- Team Scoring:** The meet will be a non-scored meet.
- Packets:** Packets will be available for pick-up at the check-in table at the following times:  
Saturday, January 24<sup>th</sup> at 8:00am

**Training Room:** SIU trainers will *not* be on site. Space will be provided for other institutions' trainers.

**Meet Questions:** Angelina Ramos – [angelina.ramos@siu.edu](mailto:angelina.ramos@siu.edu) - 720-684-9315

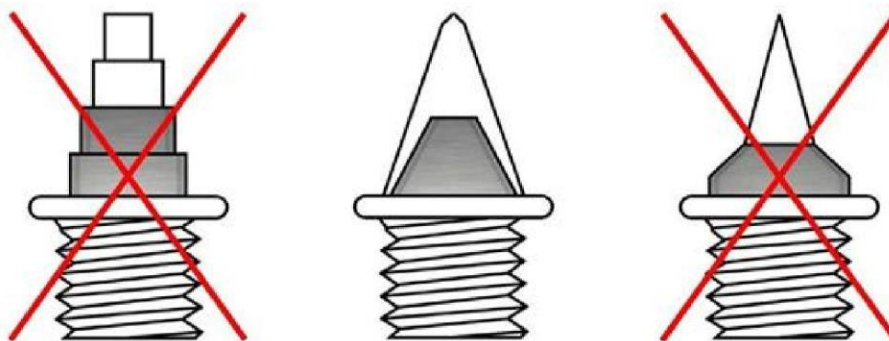
**Entry Questions:** Rich Schilling - [rich@trxctiming.com](mailto:rich@trxctiming.com) – 314-522-6176

## FACILITY REGULATIONS

### SPIKES

All spikes must be presented and will be checked at the spike check table. Athletes will not be allowed to compete without having their spikes tagged at the spike check table. Any athletes competing with non-tagged spikes will be disqualified.

- Acceptable spikes: only 1/4" pyramids



### TAPE

Tape for any marking on the track (relay exchange zones, jumpers'/throwers' markings) must be white athletic tape. NO other tape will be allowed. Chalk is prohibited for any marking. Athletes caught using chalk you will be disqualified

### HYDRATION

Water and Gatorade are the only permitted drinks allowed on the track facility.

### ELECTRONICS

Headphones and cell phones are not allowed in the competition or warm-up area of the track and field complex

Reference this web page for Campus Parking -

<http://rec.siu.edu/facilities/parking/index.php>

Do Not Park in this Lot - It is not University Property

LOT 94- Parking for Cars/Nans

Student Recreation Center



LOT 106-Bus Parking

