



2023 SIUC “Bill Cornell” Invitational
April 7th and 8th 2023
Meet Info



- Date:** Friday-Saturday, April 7th and 8th, 2023
- Entry Deadline:** Thursday, April 6th, 2023 at 12 noon central time. [Direct Athletics](#)
- Entry Fees:** \$600.00 per School (men’s & women’s combined) or \$300.00 per team.
Unattached and Team entries with less than 12 athletes will pay \$25.00 per athlete
Entry fees must be paid online at Direct Athletics. Unpaid entries will not be added to the meet.
- Entry Limits:** This is an open meet
- Performance List:** [Performance List](#)
- Scoring:** This is a non-scored meet.
- Heat Sheets:** Heat sheets will be available online Thursday evening – www.trxctiming.com
- Live Results:** <https://liveresults.trxctiming.com>
- Time Schedule:** [Time Schedule](#)
- Packets:** Packets will be available for pick-up either Friday afternoon or Saturday morning at the track
- Results:** Results will be posted on www.siusalukis.com and www.trxctiming.com
- Parking:** Parking for Buses will be in the lot directly east of the track.
- Showers:** Showers will be available in Lingle Hall upon request. You are responsible for your own towels.
- Training Room:** SIU trainers and limited modalities will be available on site. Space will be provided for other teams trainers.
- Athlete Check-in**
- Running Events:** Athletes must check in 20 min. prior to the start of the race at the Check-In Tent
- Field Events:** All athletes in all flights must check in 30 min. prior to the start of their event with the head official of that event at the event site.
- Relay Cards:** Relay teams should fill out relay card and turn it in to the clerk of the course. This constitutes the Check-in for relay events.
- Qualifying:**
- Running Events**
All other running events - Will be multiple heats against time.
- Field Events**
The top 9 marks from the preliminary round will advance to the finals.

Implement Weigh-in: Implement inspections will be held in the shed located in the throws area. All implements must be Weighed-in at least 30 minutes prior to the scheduled start time of event competition.

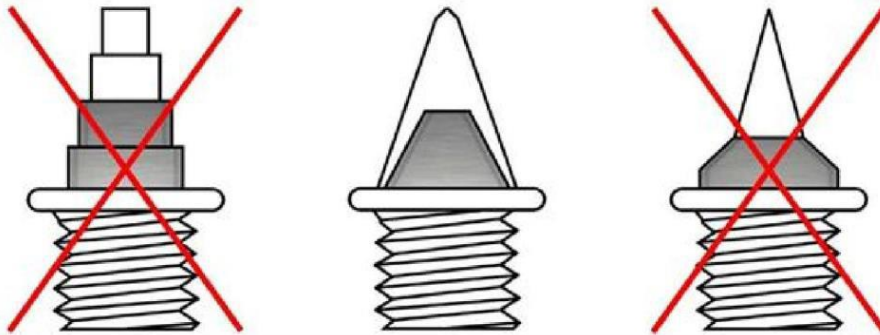
Meet Questions: Richard Jones - Head Track Coach richard.jones@siu.edu

Entry Questions: Rich Schilling - TRXC Timing rich@trxctiming.com

FACILITY REGULATIONS

SPIKES

- All spikes must be presented and will be checked at the spike check table. Athletes will not be allowed to compete without having their spikes tagged at the spike check table. Any athletes competing with non-tagged spikes will be disqualified.
- Acceptable spikes: only 1/4" pyramids



- Tape for any marking on the track (relay exchange zones, jumpers'/throwers' markings) must be white athletic tape. NO other tape will be allowed. Chalk is prohibited for any marking. Athletes caught using chalk you will be disqualified.

HYDRATION

- Water and Gatorade are the only permitted drinks allowed on the track facility.

ELECTRONICS

- Headphones and cell phones are not allowed in the competition or warm-up area of the track and field complex.