



# Illinois College 2026 Thursday Throwdown

- Meet Director: Dirk Doehring  
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- Date & Time: Thursday, April 2nd @ 11:00am/1pm
- Site: Ware Family Track, 1121 Edgehill Rd., Jacksonville, IL 62650
- Entries: Unlimited individual and relay entries. Unattached athletes allowed.  
Entries can be completed at [Direct Athletics](#)  
**Entries due no later than 9am on Wednesday, April 1<sup>st</sup>.**
- Entry Questions: Rich Schilling | TRXC Timing | [rich@trxtiming.com](mailto:rich@trxtiming.com) | (314) 522-6176
- Performance List:: [Click Here](#)
- Entry Fee: \$300 each Men and Women's teams.  
\$20 for unattached athletes (unlimited entries)  
Please make checks payable to "Illinois College Track and Field"
- Heat/Flight Sheets: [Click here](#)
- Timing: FAT provided by TRXC Timing. | [Click here for live results](#)
- Venue Info: Newly Resurfaced in Summer 2024 8-lane 400m Beynon BSS 2000- 7mm Embedded Track
- Spikes: 1/4 inch pyramid spikes are permitted on the track and runways.
- Throws: Poured concrete circles. Javelin runway is track surface.
- LJ/TJ: In an effort to keep the meet running smoothly and facility limitations, we are capping the LJ/TJ competitions to a **maximum of 28 competitors** w/verified TFRRS marks. Top 9 performances through preliminaries will advance to finals
- Meet Conduct: Starting heights and conduct in the throws and horizontal jumps will be determined after we receive entries.  
Women will run first in all running events
- Scoring: Meet will not be scored.
- Weigh-in: Implement certification will take place 9:30am-10:30am and will take place at the site of competition.
- Event Check In: Athletes should check in for running events at the clerk's table located on the south end of England Stadium under the bleachers at least 20 minutes before their race.  
Competitors in the field events can check in at the event site.
- Scratches: All scratches for track events should be made with the clerk. Field event scratches may be made at the event location prior to competition.
- Results: Meet results will be posted on the IC athletic website and will be submitted to TFRRS and AthleticNET.



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- Lockers:** Locker rooms and showers will be available in the lower level of Bruner Fitness Center.
- Team Camps:** Camps can be made anywhere outside the fence surrounding the track or in the bleachers of England Stadium. In the event of inclement weather team camps can be made in King Fieldhouse inside the Bruner Center.
- Parking:** Bus parking will be available in the lot across from the outdoor track, on the corner of Park and Edgehill.
- Athletic Trainers:** Certified athletic trainers will be available on site throughout the event. Heat and ice will be provided, but no electric stim. Please provide your own supplies.

### Schedule of Events:

#### Field Events

- 11:00am Hammer Throw (W, M)  
Javelin Throw (M, W)  
**After completion of Hammer & Jav:**  
Discus Throw (W, M)  
Shot Put (M, W)
- 12:00pm Long Jump (W, M), Triple Jump to follow  
Pole Vault (M, W)  
High Jump (W, M)

#### Running Events (rolling time schedule after Steeplechase, heats slow to fast, women run first)

- 1:00pm 3,000m Steeplechase  
4x100m Relay  
1,500m Run  
100/110m Hurdles  
100m Dash  
400m Dash  
800m Run  
**IC SENIOR RECOGNITION**  
400m Hurdles  
200m Dash  
5,000m Run  
4x400m Relay