

COMO Kick-Off 2023

Date:	August 26, 2023
Location:	Gans Creek Cross Country Course, Columbia, MO
Length:	3K (We will only run the outer loop at Gans)
Time Schedule:	Coaches meeting at 7:30 am Boys Race: 8 am Girls Race: 8:25 am
Race Detail:	There will be a single race per gender. We will be chip-timing. We will not have awards. We will have a trainer on site.
Fee:	\$150 per school
Mail Payment to:	Heather Croy 1104 N. Providence Rd Columbia, MO 65202
Entries:	Entries are due no later than August 24th, at 9:00 am
Timing Chips:	Schools are responsible for turning in their chips to TRXC at the conclusion of the meet. Any damaged or lost chip will result in a \$25 charge to the school!
Box Assignment:	Click here to see boxes assignments
Entries List:	Girls Boys
Timing company:	TRXC Timing, LLC with live results and team scores
Contact:	Rachel Korte, Head Coach, rkorte@cpsk12.org Jack Rubenstein, AD, jrubenstein@cpsk12.org