

39th Annual Fulton Cross-Country Invitational
September 21st, 2024

Dear Coach,

Thank you for being a part of the 39th Annual Fulton Cross-Country Invitational. Please read this information carefully and contact me with questions. Thanks, and best of luck this season.

Sincerely,
George Yates gyates@fulton58.org

PLEASE NOTE:

There is no contingency for individual entries, if you enter a runner in any race; the cost is the same as for a full team in that race.

PLEASE MAKE ALL ENTRY FEE PAYMENTS TO "FULTON HIGH SCHOOL" CARE OF CURTIS WALK, ACTIVITIES DIRECTOR AND SEND THEM IN AS SOON AS POSSIBLE. THANK YOU.

PLEASE NOTE:

We are pleased again to be using [TRXC Timing](#) this year. Entries will be submitted through MileSplit. [Online Entry Link](#)

You need not indicate which race your runners are entered in (ie. varsity or jv) but you must enter all your runners that will be competing. Please enter high school under high school and middle school under middle school with boys and girls separate.

Entries are due no later than Thursday, September 19th, 2024 at 9:00 a.m.
No Late Entries will be allowed.

Please do not enter athletes who you know are not going to compete.



39th Annual Fulton Cross-Country Invitational

- Date:** Saturday, September 21st 2024
- Site:** Fulton High School
One Hornet Drive
Fulton, MO 65251
- Course:** Rolling grass surface with the start in front of the discus cage and finish on the track. Please be mindful of spike length. Our track has been resurfaced. The course is located on the Fulton High School campus. Course Maps will be available when you check in. High school races will be 5k (3.1 miles) and middle school races will be 3.2k (~2 miles).
- Entry Fees:** High School Team = \$50.00 per gender
Middle School Team = \$40.00 per gender
* (will be same fee even if only one athlete competes in one race)
- Awards:** M.S. Boys (unlimited entries) = Top 25 Individuals/1st & 2nd Place Team Trophies
M.S. Girls (unlimited entries) = Top 25 Individuals/1st & 2nd Place Team Trophies
H.S. Boys Varsity (limit 7) = Top 25 Individuals/1st, 2nd, & 3rd Place Trophies
H.S. Girls Varsity (limit 7) = Top 25 Individuals/1st, 2nd, & 3rd Place Trophies
H.S. Boys JV (unlimited entries) = Top 15 Individuals/1st Place Team Trophy
H.S. Girls JV (unlimited entries) = Top 15 Individuals/1st Place Team Trophy
- Awards for all individual finishers in all races may be claimed from the bullpen after the completion of each race. Team awards may be claimed by a coach after final results of each race have been verified and posted.
- Schedule:**
- | | |
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| 8:00 am | Packet Pickup Begins |
| 8:30 am | Coaches meeting in the finish coral |
| 9:00 am | M.S. Boys (unlimited entries) |
| 9:20 am | M.S. Girls (unlimited entries) |
| 10:00 am | H.S. Boys Varsity (maximum 7 runners only) |
| 10:30 am | H.S. Girls Varsity (maximum 7 runners only) |
| 11:10 am | H.S. Boys Junior Varsity (unlimited entries) |
| 11:40 am | H.S. Girls Junior Varsity (unlimited entries) |
| 12:20 pm | Open 2.5k race, donations benefit the Super Sam foundation |
- Restrooms:** Located in the west end of the athletics field house. No Locker Rooms will be available.
- Coaches:** Please pick-up your team packets from the bullpen by the finish line on the track as soon as you arrive. Thank You, Good Luck, Have Fun!
- Boxes:** [High School](#) [Middle School](#)
- Entries:** [Boys](#) [Girls](#)
- Live Result at** [TRXC Timing](#)
- If you need further information:** George Yates – gyates@fulton58.org



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- ★ The JV races are designed to provide younger or perhaps less seasoned runners an opportunity to compete against runners of their own ability and experience. Please do not “load up” the JV races with runners who should, by all rights, be running in the Varsity races unless you have already entered your best 7 in the Varsity race.
- ★ A concession stand will be available at the east end of the athletic field house.
- ★ Team tents will be set up in the grassy area between the tennis courts and track bleachers. Do not set up a team camp or area in any other place at the course. Please make sure that your team area is clean when you leave the race site.
- ★ Our local sport rehabilitation facility, Peak Sport and Spine will present to provide competition injury treatment. They will **not** be available to pre-competition treat or tape any athlete. They are there for emergencies and race injury treatment only.
- ★ High quality Invitational T-shirts will be available for purchase from Fine Designs.



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ATTENTION: PARKING

There is no parking for any vehicles along the road on Hornet drive between industrial street and the north parking lot.

SPECTATORS: Please use available parking spaces in the main lots and other designated locations.

BUSES: Enter from Industrial drive, do not stop on Hornet drive. This must stay clear to allow the flow of traffic. Continue forward and you will be directed to one of two unloading spots. After unloading your team, buses will park at an alternate location near the high school. Directions will be given to the YMCA and St. Peters at arrival. No buses will be permitted to park in the main parking lots. This must be reserved for spectator parking.

If you are a coach driving your bus you may park on the east side of campus off of Wood street.

Team drop off for Fulton Invitational Cross Country Meet



All busses should enter here

After dropping off athletes, busses will be instructed to park at the YMCA, Once that is full, busses will park at Bush elementary school

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Fulton high school 5000 meter course 2 loops



Fulton high school 3200 meter course

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