



# Gorlok-Griffin XC Invitational

## Meet Information



**Date:** September 23<sup>rd</sup>, 2023

**Site:** Buder Park North  
101 Larkin Williams Rd.  
Valley Park, MO 63088

**Time:** 10:30 AM (CST) – Men's 8k  
11:30 AM (CST) – Women's 5k  
Report to the starting line 10 minutes prior to the start of your race for final instructions.

**Course Description:** Buder Park is a flat, fast course that is majority grass. It will be a two-loop course for the 5k and a three-loop course for the 8k.

**Live Results:** [trxctiming.com](http://trxctiming.com)

### Meet Directors:

Phillip Halley  
Fontbonne University  
314-719-3645

[phalley@fontbonne.edu](mailto:phalley@fontbonne.edu)

Kyle Robinson  
Webster University  
314-246-7501

[kylorobinson@webster.edu](mailto:kylorobinson@webster.edu)

**Entries:** Unlimited entries for each race. All Entries must be done before **Sep. 21 at 9:00 AM** on [DirectAthletics](http://DirectAthletics).

**Entry Fee:** \$200 per gender per team OR \$25 per athlete (if less than 5 per gender). **Please bring entry fee check to the meet. Make check payable to Webster University.**

**Trainers:** Email [kylorobinson@webster.edu](mailto:kylorobinson@webster.edu) with any specific requests.

**Rosters:** [Men](#) [Women](#)

**Box Assignments:** [Click Here](#)

**Entry Question:** [Rich Schilling](#) – TRXC Timing – 314-522-6176

**Awards:** Top 10 in each event will receive a medal. Awards ceremony will start at 12:15 PM. We will have a Senior Day ceremony for Webster/Fontbonne seniors following the award ceremony.

**Parking:** Team parking will be next to team camp area (behind starting line). Spectators can park in any of the other parking lots at the park (no parking/attendance fee for spectators).

**8k course map:**



**5k course map:**

