

12th Annual Tolton Catholic Cross Country Invitational

September 14th, 2024



Location: Gans Creek Recreation Area
3350 E. Gans Rd
Columbia, MO 65201

Race Times:

8:15 am - Varsity High School Girls
8:55 am - Varsity High School Boys
9:30 am- JV High School (combined genders)
10:15 am- Middle School Girls
10:45 am- Middle School Boys

Coaches Meeting: 8:00 am near the Finish Line

Starters: Clark Swisher and J.D. Coffman

Entries: All entries will be done on MoMileSplit. Each Team can enter up to 10 runners in the Varsity High School Races. There will be unlimited entries in the JV race and the Middle School races. Entries are due no later than **9:00 am on Thursday, September, 12th**

Entry link: [Online Entries](#)

Entry List: [Girls](#) [Boys](#)

Box Assignments: [High School](#) [Middle School](#)

Cost:High School Race: \$100 per gender (5+ runners) or \$20.00 per individual (no full team).

Middle School Race: \$100 per gender (5+ runners) or \$20.00 per individual (no full team).

Please make checks made payable to "Fr. Tolton Catholic High School"

Send checks to:

Fr. Tolton Catholic High School
Attn: Pat Kelly
3351 E. Gans Road
Columbia, MO 65201



Chip Collection: Coaches will return all chips to the finish line after the conclusion of all races in the envelope provided in your packet. Chips should be strung in numeric order. No chips will be collected in the finish chute. **A \$35.00 fee will be assessed for missing or damaged timing chips.**

Course: High School - 5,000 meters (1- 2,000 meter loop followed by 1-3,000 meter loop) Middle School - 3,000 meters (1-3,000 meter loop)

Bus Parking: School Buses should unload near tent city in the Gans Creek Recreation Area before parking at Fr. Tolton Catholic High School (Across the street).

Rest Rooms: There will be two restrooms located at Gans Creek Recreation Area as well as Porta Potties on site.

Water: Will be provided near the finish line for athletes.

Concessions: Will not be provided.

Locker Rooms: Are not available.

Trainer: Our Athletic Trainer Bryce Roark will be on site.

High Schools Expected: Battle, Blair Oaks, Bowling Green, Boonville, Brookfield, Brunswick, Calvary Lutheran, Centralia, Christian Fellowship, Columbia Independent, Fatima, Glasgow, Hallsville, Hermann, Higbee, Kirksville, La Plata, Lighthouse Prep, Macon, McAuley Catholic, MMA, North Point, Northeast (Cairo), New Franklin, New Haven, Osage, Owensville, Pleasant Hope, Pembroke Hill, Prairie Home, Salisbury, Sherwood, Smithton, Southern Boone, St. Pius X (Kansas City) Tolton Catholic, Westran,

Middle Schools Expected: Blair Oaks, Centralia, Christian Fellowship, Fatima, Glasgow, Jeff Middle, John Warner, La Plata, Mexico, MMA, New Franklin, Northeast (Cairo), Our Lady of Lourdes, Pleasant Hope, St. Mary's School, St. Pius (Moberly), Thomas Jefferson, Vienna, Warrenton

Awards: Team awards will be given to the first place teams in the Varsity HS races and the MS races; top 15 individuals in the HS and MS races as well as the top 10 (per gender) in the JV race will receive medals. HS awards will be given out shortly after the conclusion of the JV race. MS awards will be given out shortly after the conclusion of the MS Boys Race.

Meet Questions: Pat Kelly- pkelly@toltoncatholic.org 417-224-0363

Entry Questions: Rich Schilling – TRXC Timing – 314-522-6176 – rich@trxctiming.com

